

Is there anything I should not do when I visit?

- please do not sit on hospital beds or put your feet on the beds
- please do not use the patients' toilets
- please help us to keep the hospital tidy by disposing of waste, for example used tissues, drinks containers or sweet wrappers in the waste bins provided

Car Parking

If you are a regular visitor, you can save money on car parking by purchasing a weekly pass from the Q-Park Office in the multi-storey car park at the Queen Elizabeth Hospital Birmingham.

Restaurant

Restaurant (Level 2) is open to staff and visitors 7 days per week from 8am – 7pm offering all snacks, beverages, hot meals and cooked breakfasts. Exit the lifts on Level 2 and turn left following the signs.

Smoking

Smoking is not allowed in any of our hospital buildings. If you wish to smoke please use the red smoking shelters provided in the hospital grounds.



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk or call 0121 627 7803

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**Guidance
for visitors to
Queen Elizabeth
Hospital
Birmingham**

Delivering the best in care

UHB is a no smoking Trust

www.uhb.nhs.uk

Guidance for visitors

For most people who are in hospital, having family and friends to visit is the highlight of their day. Whilst we welcome all visitors to our hospitals, we do ask that you remember that we are here to provide care to our patients. To do that we need your help and co-operation.

We need to restrict the times that family and friends can visit so that our patients can receive all of the care that they need at the time they need it. Also, our patients need to be able to rest to help with their recovery and care.

Please can we ask that you help us to provide the best care to our patients by adhering to the visiting times and restrictions set out in this leaflet.

Thank you for your help.

What are the visiting times?

We would ask that you follow the guidance below when visiting:

The next of kin or named individual is welcome to visit:

2pm – 4pm

All visitors are welcome at the following time:

6.30pm – 8.30pm

A maximum of 3 visitors are allowed for each patient during this time.

Exceptions to these times

Whilst it is important that visitors comply with these visiting times, we recognise that this is not always possible. Also, it may be in a particular patients' best interests to enable visitors to be present to support their on-going care and treatment, outside of the usual visiting times. In these circumstances, alternative or additional visiting will be discussed and agreed on an individual basis, by the nurse in charge.

How many people can visit?

During afternoon visiting, only one next of kin or named person may visit.

Visiting is restricted to three people at a time at the bedside during all other times.

Who should not visit?

We ask you not to visit your relative or friend if you have an infection, cold, diarrhoea or vomiting, or feel unwell yourself.

Are children allowed to visit?

Yes, children under the age of 16 years are welcome to visit when accompanied by a responsible adult. Please note that any children causing a disturbance will be asked to leave

It is important to remember that babies and children under the age of 5 years are particularly vulnerable to the infections that can be present in hospitals.

How can I help control the spread of infection?

We know that hand washing/cleaning hands is the single most important measure we can all take to prevent the spread of infection in hospitals.

Therefore, when you are visiting, please:

- clean your hands when you enter the ward either by washing your hands at the sink or by using the disinfectant hand rub provided
- clean your hands when you leave, in the same way

Infection control is everyone's business – help us to protect our patients.