Haematology Nurse-led Clinics
MGUS
Clinical Nurse Specialists – Haematology

Delivering the best in care

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit www.uhb.nhs.uk/patient-information-leaflets.htm
The Haematology Nurse-led Telephone Clinic is for patients who require long term follow up for MGUS (monoclonal gammopathy of undetermined significance), this is when the body produces large amounts of the antibody paraprotein. Wherever possible, patients will have their bloods taken in the community, for example at their GP surgery, and once the blood results are available, the Nurse Specialist will telephone you, to inform you of your blood results and if any further action is required. This process should reduce the need for clinic attendance.

How does the clinic work?

- You will have your blood request form either posted to you or given to you at your last clinic appointment
- You will have your bloods taken in the community
- Your blood samples will be sent to the Queen Elizabeth Hospital, Birmingham to be analysed
- The Nurse Specialist will call you with your blood results on a specified date and time
- If the Nurse Specialist has any concerns these will be discussed with your Haematology Consultant and the appropriate follow up or investigations will be arranged.

What will this service offer?

- Assessment, monitoring and treatment of your condition
- Assessment and monitoring of your medication and any possible side effects
- A telephone helpline for advice and support
- The nurse will be able to liaise with the Consultant Haematologists with any specific problems or queries regarding your condition. If required, an appointment to come back to the hospital clinic will be made
- Improved continuity of care
• Information leaflets about your condition and about the medication you are taking will be available
• Avoiding a hospital appointment as blood tests will be taken in the community and results given over the telephone from a Specialist Nurse

Why is it necessary?
Your protein levels need to be monitored regularly to ensure they are not increasing.

How can you help?
Please ensure you have your blood test taken in the community on or near to the date on your blood request form.

What happens after my appointment?
You will receive your follow up appointment in the post and a copy of the clinic letter which will summarise your hospital review. This will also include any dose changes to your tablets.

What happens if I am not well in between appointments?
If you feel unwell please contact your GP.
Contact numbers

**Joanna O’Dwyer**  
Tel: 0121 371 4361  
Mobile: 07789933030

**Rebecca Flynn**  
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Myeloma UK provides information and support for patients who have a diagnosis of MGUS and myeloma.  
Website: www.myeloma.org.uk

**Your appointment date**

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The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.