



The Queen Elizabeth Hospital Birmingham Kidney Patients' Association (QEHKPA)

Delivering the best in care

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

Introduction

Across the West Midlands there are about a quarter of a million people with kidney disease. Kidney disease can be physically and emotionally demanding and can have effects on work, relationships, family life and problems associated with finances.

University Hospitals Birmingham NHS Foundation Trust (UHB) is the largest provider of kidney care in the West Midlands. In November 2010 services moved into the new Queen Elizabeth Hospital Birmingham. Kidney services include treatment of the early stages of kidney disease, advanced kidney disease, dialysis, transplantation, end of life care and acute kidney injury.

Many patients receive their dialysis treatment in one of the satellite units (Hereford, Aston, Tipton, City Hospital, Kings Norton, Kidderminster, Worcester and Woodgate Valley) which are supervised by the kidney healthcare team at UHB. A further two additional satellite units are planned to open in Sparkhill and Llandrindod Wells shortly.

This leaflet has been written to give all patients with kidney disease information about your local KPA.

The Queen Elizabeth Hospital Kidney Patients' Association (often called the Q.E.H.K.P.A.) provides support to help patients, their families, friends and carers to cope better.

About us

Our KPA is a registered charity that was started in 1981 to:

- Provide support to kidney patients of the Queen Elizabeth Hospital Birmingham, their families and carers
- Raise public awareness of kidney problems
- We are linked to the National Kidney Federation which is a national kidney charity.

What are our aims?

The Q.E.H.K.P.A. aims to:

- Help and support all kidney patients, their families and carers treated by UHB
- Improve kidney services by working closely with staff within the local units
- Raise funds to help improve the patients' experience
- Provide information and newsletters ('Kidney Matters') to all members
- Support the NHS organ donor register

Our activities

We raise funds to support a variety of projects. These include:

- Supporting social activities (including outings and holidays)
- Producing a regular newsletter
- Buying equipment for kidney patients to use whilst in hospital
- Supporting kidney research

The Q.E.H.K.P.A. relies on the generous financial support of the public to continue its' activities.

KPA meetings

There are regular Q.E.H.K.P.A. meetings which take place at 20:00 on the 2nd Wednesday of each month in the boardroom at the Queen Elizabeth Hospital (old hospital site). Everyone is welcome to come along.

How can I get involved?

You can help in a number of different ways by:

- Becoming an active member of the Q.E.H.K.P.A.
- Helping with the social activities and monthly meetings
- Supporting the planning and staging of fundraising events
- Making a donation
- Having your own fundraising event for us

If you want more information please see the Q.E.H.K.P.A. contact details at the end of the leaflet. Alternatively please speak to one of your kidney nurses.

Where can I find further sources of information?

Further information can be obtained from:

Queen Elizabeth Hospital Birmingham KPA website
www.kidneymatters.co.uk

The National Kidney Federation – is the national kidney charity run by kidney patients for kidney patients. Local KPAs are linked to the National Kidney Federation.
www.kidney.org.uk

The British Kidney Patient Association – is a separate UK charity that works to improve the quality of life for adults and children with chronic kidney disease.
www.britishkidney-pa.co.uk

Kidney Research UK – is a charity that funds life-saving research, to improve the quality of life of those with kidney disorders.
www.kidneyresearchuk.org

NHS Kidney Care works with clinical teams and commissioners of kidney care to transform the services available to improve the quality of care.
www.kidneycare.nhs.uk

NHS Blood and Transplant.
www.nhsbt.nhs.uk

West Midlands Renal Network plans and oversees the development of renal services along the entire renal pathway.
www.wmrn.co.uk

A wide range of patient information leaflets and fact sheets are available through the University Hospitals Birmingham NHS Trust website and can be accessed via
www.uhb.nhs.uk/patient-information-leaflets.htm

KPA contact details

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The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk or call 0121 627 7803

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