

Further information

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British Kidney Patient Association

www.britishkidney-pa.co.uk

UK National Kidney Federation

www.kidney.org.uk

CLIMB (Children Living With Inherited Metabolic Diseases)

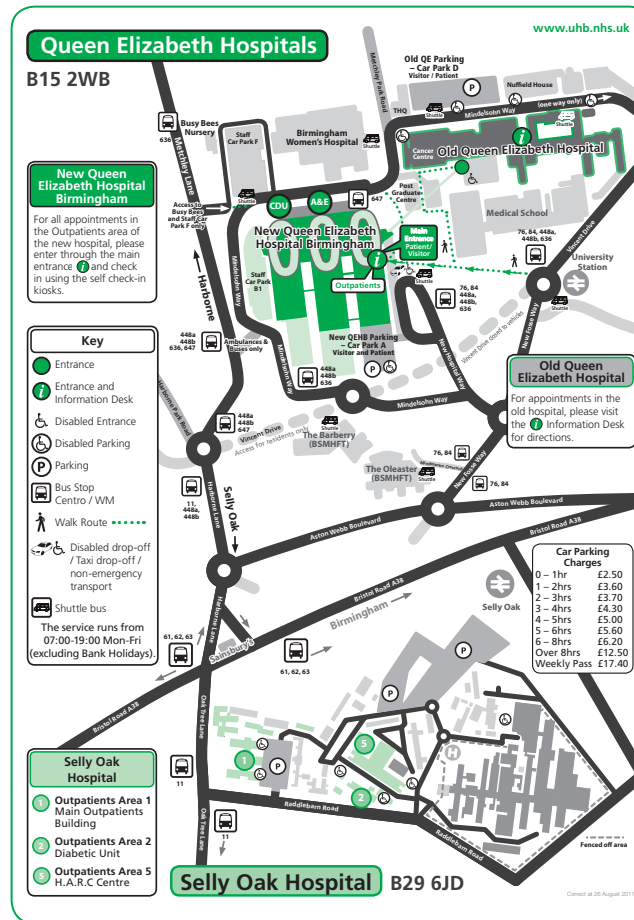
www.climb.org.uk

Rare Diseases UK

www.raredisease.org.uk

Genetic Alliance UK

www.geneticalliance.org.uk



Queen Elizabeth Hospital Birmingham **NHS**
Part of University Hospitals Birmingham
NHS Foundation Trust

Renal Metabolic Service

Renal Metabolic Clinic

An information leaflet for patients and families

Delivering the best in care

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

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Mindelsohn Way
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The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk or call 0121 627 7803

Introduction

The Renal Metabolic Clinic is a speciality clinic for patients who have, or suspected of having a metabolic condition that affects the kidneys.

The clinic is one of few in the country with a long experience of dealing with rare and complex conditions that affect the kidney.

The clinic aims to provide you with an opportunity to have a consultation with a specialist team.

Why am I attending this clinic?

You have been referred to this clinic because you, or a member of your family, may have a condition that affects your kidneys.

The condition may be inherited and this clinic will provide you with the opportunity to discuss any issues or questions you may have.

What will be discussed in clinic?

Some of the issues that may be discussed are as follows:

- Review your medication to ensure you are receiving the most appropriate treatment
- Review your blood results and any other tests that have been performed
- Discuss the potential risk to your family of having the same condition
- Discuss how your condition may affect you and how we can help
- Provide you with information about your condition and advise you on what support is available
- Discuss any questions or issues you may have

Will I need any tests?

You will have your blood pressure, height and weight checked when you attend clinic

It may be necessary to have a blood sample taken and you may need to provide a urine sample.

Other tests, such as scans, may be arranged for a later date.

Do I need to bring anything with me?

Bring your appointment letter with you and a list of your medications.

It would be helpful if you could find out if there has been any family history of kidney disease.

A specialist nurse may be in contact with you if anything else is required for the clinic.

Will I receive the results of my tests?

If you would like us to inform you of your blood results please let us know in clinic.

How often do I need to attend?

This will be discussed between you and the specialist in your consultation. The frequency of your appointment may change over time.