Questions

Contact your youth worker
Mark Thompson
Mobile no: 07920807586

The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4957.

Young Person’s Renal Clinic
Queen Elizabeth Hospital Birmingham
Mindelsohn Way, Edgbaston, Birmingham, B15 2TH
Telephone: 0121 627 2000

Renal youth worker

Delivering the best in care

UHB is a no smoking Trust
www.uhb.nhs.uk

To see all of our current patient information leaflets please visit www.uhb.nhs.uk/patient-information-leaflets.htm
What is a youth worker?
A youth worker’s role is to help and support young people with life and social issues both related to and unrelated to their condition.

What does this involve?
Talk and conversation: This is central to the work we do. There may be times as a young person when you may need to get things off your chest away from your friends, parents or medical staff, a youth worker can provide a listening ear without sitting in judgement of you. These issues could relate to a medical concern or any other issues that you may have. The majority of the youth work role is on a one to one basis but we also deliver group work when appropriate, for example, on a residential holiday.

Support and advice: often young people with chronic (long-term) illnesses have missed out on a number of opportunities that other young people take for granted, or feel that educational/career opportunities may have been lost. You may be entitled to benefits due to your medical condition and youth workers can provide guidance and support on options open to you. Youth workers may not know all the answers but they can put you in contact with other young person friendly services.

Outside visits: youth workers can arrange home visits or meetings outside of the hospital environment. These offer more flexibility for young people as these visits can be made during the day or evening.

Activities: occasionally social activities such as bowling or residential can be organised if there are enough people and funding is available.

Who can be referred to a youth worker?
Anyone in this Trust with a renal condition between the ages of 16-25 can be referred to the renal youth worker. Referrals from the Childrens’ Hospital can be made from the age of 15.

Contact youth worker
Mark Thompson
Mobile no: 07920807586

Useful websites
- www.nhs.uk/Livewell/Sexandyoungpeople
- www.talktofrank.com
- www.brook.org.uk
- www.kidnematters.co.uk
- www.kidneypatientguide.org.uk
- www.britishkidney-pa.co.uk