

**Contact:**

If you have any questions about your asthma injection treatment, please contact the Queen Elizabeth Hospital Birmingham asthma team on **0121 371 4805**.

The team will respond to calls during 08:00 to 17:00 hours on weekdays. Outside of these hours, a message can be left for the team to action the next day.

In the event of a medical emergency, please do NOT leave a message. Instead, please call **999**.

Please use the space below to write down any questions you may have and bring this with you to your next appointment.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



**Think you need A&E?**  
Check your symptoms using **Ask A&E**  
and get NHS answers 24/7  
[uhb.nhs.uk/ask](http://uhb.nhs.uk/ask)

**Asthma Team**  
Queen Elizabeth Hospital Birmingham  
Mindelsohn Way, Edgbaston  
Birmingham, B15 2GW  
Telephone: 0121 371 4805

PI20/2191/01 Author: Sharon Rees  
Date: April 2020 Review date: April 2022



**University Hospitals Birmingham**  
NHS Foundation Trust



**Biologic home injection treatment**

**Building healthier lives**

**UHB is a no smoking Trust**

To see all of our current patient information leaflets please visit [www.uhb.nhs.uk/patient-information-leaflets.htm](http://www.uhb.nhs.uk/patient-information-leaflets.htm)

---

We have decided that your asthma injection treatment, which is usually done in Outpatients, should now take place at home. Dedicated nursing staff will provide training, with this leaflet providing an overview of how things will change with home treatment.

**We recommend your injection takes place on weekdays between 08:00 and 16:00 hours. This will ensure that the asthma team is available for support and guidance.**

If you would prefer, we can arrange teaching (in your presence) for a carer, family member or friend to learn how to inject you instead of self-injecting. We can arrange teaching for them. This person will be known as your 'injection buddy'. Once you, your injection buddy and your asthma team are happy with their injection technique you can continue your treatment at home.

These drugs, like most drugs, are very expensive and should be looked after very carefully as they cannot be obtained from your GP or local pharmacy like normal medication prescriptions. If you do have any trouble with your injection(s), please contact your asthma team on the details at the end of this leaflet.

## Medication delivery

---

Your medication will be delivered to you. This can be at your home address, place of work or an address of your choice. The medication must be signed for on delivery. Your asthma team will determine how much medication you receive – this will either be for one, two or three months.

If you require more as you may be on holiday or working away from home, please discuss this with your asthma team. Your treatment will usually be delivered between 08:00 and 18:00 hours on weekdays, or between 09:00 and 13:00 hours on Saturdays. Treatment will not be delivered on Sundays. Special deliveries can be made in the evening, though this will need to be pre-arranged by contacting the delivery team directly. Once you receive the medication, please put it in the fridge.

## Medication information

---

Your asthma team will provide you with all relevant information, including details about your prescribed medication and dosage. Additional copies of this information can be supplied if required.

**It is very important to continue with all your daily asthma treatment as normal. No asthma medication should be stopped unless this has been advised by your asthma team. Your asthma injection treatment is an addition to your usual asthma treatment, rather than an alternative.**

If at any point you or your asthma team feel your injection treatment needs to be delivered back in Outpatients, this can be arranged. Whilst under home treatment you will still be required to have regular outpatient reviews with a member of your asthma team. For reviews that do not need in-person follow-up, this may take the form of telephone or video calls.

If a nurse is provided in the short term to monitor your injection technique they will contact you to arrange the visit. These visits will take place at some point between 08:30 and 17:00 hours, Monday to Friday. If there are any issues, these will be reported to your asthma team.

---