

Information for patients following a computed tomographic colonoscopy/colography (CTC)

Please read the following information for your own comfort and wellbeing.

Following your examination we will ask you to sit and wait in the recovery area for 20 minutes to recover from your test. We will offer you a drink and small snack.

You may eat and drink as normal. We would recommend that you drink plenty of fluids for the following 2–3 days.

The carbon dioxide used to inflate your bowel is absorbed quite quickly. Nevertheless some minor abdominal discomfort may remain for 1–2 hours. Returning to your normal diet and moving around will help to ease any remaining discomfort. Paracetamol, if tolerated, may also help.

You may have been given an injection (Buscopan), used to relax the muscles in the bowel wall, during your examination. Blurring of your vision can be a side effect of this injection. Although this side effect is short lived, usually about 30 minutes, we recommend you do not drive yourself home until blurring resolves. **You are advised to seek immediate medical help if you develop painful blurred vision.**

The results of your examination will be sent to the doctor or medical team who requested the examination. The imaging department will **not** be able to give you your results.

If you have not heard from the consultant team within 3 weeks please contact this team via the hospital switch board. If the test was requested by your GP please make an appointment with them in 10 days time to obtain the results.

Please seek medical advice through your GP or the accident and emergency department if you experience any of the following symptoms 4 days after your treatment;

1. Increasing abdominal discomfort or severe abdominal pain
2. A painful or red eye
3. Sweating and/or a feeling of nausea

If you have any further questions regarding this examination please ask a radiographer before you leave the department who will be happy to help you.

IMAGING

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