
Enhanced Supportive Care (ESC) will be available for you to access, for as long as you feel it is helpful to your overall care needs.

Should your symptoms become better controlled or completely alleviated, your ongoing support will be provided by your GP and oncologist/specialist nurse. We will make sure that we always discuss any plans of care with you and those important to you. We will also communicate with other healthcare professionals involved in your care so that they are aware of any additional support you have received or continue to need.



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.

Supportive and palliative care

Queen Elizabeth Hospital Birmingham
Mindelsohn Way, Edgbaston
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University Hospitals Birmingham
NHS Foundation Trust



**Enhanced
Supportive Care
Team
Information for
Patient and Relatives**

Building healthier lives

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit www.uhb.nhs.uk/patient-information-leaflets.htm

What is Enhanced Supportive Care?

Enhanced Supportive Care (ESC) is a new national initiative promoting better access and earlier integration of supportive and palliative care within cancer services.

The role of the Supportive and Palliative Care team is to provide specialist individualised support and thus improve the quality of life for patients and their families when diagnosed with non-curative cancer.

We are a team of specialist supportive and palliative care doctors and nurses. We work in an advisory capacity alongside the oncologist responsible for your care at Queen Elizabeth Hospital Birmingham. We also work closely with GPs, district nurses and hospice teams.

How can we help?

We aim to provide:

- Symptom advice - we aim to manage and prevent any adverse effects from your cancer treatment or disease
- Psychological and emotional support for you and your family, and time to discuss your concerns
- Information and advice e.g. future care planning choices, social, practical and financial issues
- Referrals to other professionals/services if spiritual, psychological support or financial support is needed

Supportive and Palliative Care team secretary:

Telephone: 0121 371 4558

If we are unable to answer your call, please leave a message for us on our answerphone.

Please note: if you are acutely unwell you should contact the Acute Oncology Service.

Telephone: 0121 371 6313
