

Following gastroscopy with local anaesthetic

You have been given a local anaesthetic throat spray, and should have nothing to eat or drink until:

After this you may eat and drink normally.

You may have a sore throat for a short time after the test. This is normal, and should pass within a day. You may also feel a little bloated from the air that has been inserted into your stomach. It may help to sit upright, walk around or eat some peppermints. This will help to disperse any trapped wind.

We do not anticipate any serious side-effects however, should the following occur, **seek advice:**

- Severe pain in the neck, chest or abdomen
- Vomiting or passage of black tarry stools

If you have any problems or queries about your test please telephone the endoscopy unit.

To contact us by telephone:

Queen Elizabeth Hospital Birmingham, Endoscopy Unit

Monday to Friday 08:30–17:30

Telephone: 0121 371 3838

If your call is out of these hours please contact your own GP or the Accident and Emergency Department.

Queen Elizabeth Hospital Birmingham A&E

Telephone: 0121 371 2600 ext 12600 or contact your nearest Accident and Emergency Department.

A report will be sent to your GP within the next few days or offered to you to take personally.

Any specimens that were taken will need to be reported on by the laboratory which takes approximately 10–14 days.

The results of any specimens taken are not sent back to the endoscopy suite, so please do not telephone us to find out results. The results of your test will be sent directly to your GP.

Endoscopy Unit

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