

Following gastroscopy with sedation

Because you have been given something to make you drowsy for the test, it is important that you:

1. Rest quietly for the remainder of the day, with someone to look after you overnight, as you will still be affected by the sedative drugs for up to 24 hours.
2. It is advisable to have the following day off work, but in any event for the first 24 hours following sedation **do not:**
 - Drive a car
 - Drink alcohol or smoke
 - Take sleeping tablets
 - Operate any machinery or electrical items (including kettles, hot saucepans)
 - Sign any legally binding documents
 - Work at heights (including climbing ladders or onto a chair)

Sedation can impair your reflexes and judgment.

3. You may have a sore throat for a short time after the test. This is normal, and should pass within a day.

We do not anticipate any serious side-effects. However, should the following occur, seek advice:

- Severe pain in the neck, chest or abdomen
- Vomiting or passage of black tarry stools

If you have any problems or queries about your test please telephone the endoscopy suite.

To contact us by telephone:

Monday to Friday 08:30–17:30

Telephone: 0121 371 3838

If your call is out of these hours please contact your own GP or the Accident and Emergency Department.

Queen Elizabeth Hospital Birmingham A&E

Telephone: 0121 371 2600 ext 12600 or contact your nearest Accident and Emergency Department.

A report will be sent to your GP within the next few days or offered to you to take personally.

Any specimens that were taken will need to be reported on by the laboratory which takes approximately 10–14 days.

The results of any specimens taken are not sent back to the endoscopy suite, so please do not telephone us to find out results. The results of specimens will be sent directly to your GP.