



University Hospitals Birmingham
NHS Foundation Trust



Haematology Nurse-led Clinics MGUS

Clinical Nurse Specialists – Haematology

Building healthier lives

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

The Haematology Nurse-led Telephone Clinic is for patients who require long-term follow-up for MGUS. MGUS is a benign (non-cancerous) condition. MGUS stands for Monoclonal Gammopathy of Undetermined Significance and is characterised by the presence of an abnormal antibody in the blood and/or urine.

How does the clinic work?

- You will receive a follow-up clinic appointment in the post to attend for a blood test with our phlebotomy service at Centre of Clinical Haematology.
- You will have a blood test and given an appointment card for a telephone consultation with your Clinical Nurse Specialist
- The Clinical Nurse Specialist will call you with your blood results on a specified date and time
- If the Clinical Nurse Specialist has any concerns these will be discussed with your haematology consultant and the appropriate follow-up or investigations will be arranged

What will this service offer?

- Assessment and monitoring of your condition
- A telephone helpline for advice and support
- The nurse will be able to liaise with the consultant haematologists with any specific problems or queries regarding your condition. If required, an appointment to come back to see the consultant haematologist in clinic will be arranged
- Improved continuity of care
- Information leaflets about your condition

Why is it necessary?

Your protein levels need to be monitored regularly to ensure they are not increasing.

How can you help?

Please ensure you attend for your blood tests or contact the Clinical Nurse Specialist to rearrange your appointment.

What happens after my appointment?

You will receive your follow-up appointment in the post and a copy of the clinic letter will be available on MyHealth@uhb.nhs.uk and sent to your GP.

What happens if I am not well in between appointments?

If you feel unwell please contact your GP.

Contact numbers

Rebecca Powell

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Joanna O'Dwyer

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Jade Scrivens

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Myeloma UK provides information and support for patients who have a diagnosis of MGUS and myeloma.

Website: www.myeloma.org.uk

Your appointment date

	DATE
Blood test	
Telephone clinic	



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.

HAEMATOLOGY

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