



Haematology Nurse-led Clinics Myeloproliferative Disorders

Delivering the **best** in care

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

How does the clinic work?

The Queen Elizabeth Hospital Birmingham runs a Haematology Nurse-led Clinic based in Haematology Outpatients. The clinic is for patients who require long term follow up, for myeloproliferative disorders (bone marrow diseases) such as essential thrombocythaemia and polycythaemia. Patients will have alternating clinic appointments with a Haematology Specialist Nurse and a Haematology Consultant.

How does the clinic work?

- You will have your blood test and the Doctor or Specialist Nurse will review the results and ask you if you are having any problems. It is important to make sure you are on the best treatment and dose for your diagnosis
- Your hospital appointments will alternate, seeing the Haematology Consultant for one visit and the Haematology Specialist Nurse for the next and so on
- If the Specialist Nurse has any concerns these will be discussed with your Haematology Consultant.

What will this service offer?

- Assessment, monitoring and treatment of your condition
- Assessment and monitoring of your medication and any possible side effects
- A telephone helpline for advice and support
- The nurse will be able to liaise with the Consultant Haematologist to discuss any specific problems or queries regarding your condition. If needed your appointment with the Consultant may be brought forward
- Improved continuity of care

- Improved information leaflets about your condition and about the medication you are taking will be available.

Why is it necessary?

Many haematology patients need to have regular blood tests and reviews to ensure that the treatment they are receiving is effective and to monitor their condition. It is important that we try to find the best treatment we can for each individual patient and to ensure it is effective.

How can you help?

- Please bring a list of your current medication with you to clinic
- You should let us know if you need a repeat prescription of your medication

What happens after my appointment?

You will receive your follow up appointment in the post and a copy of the clinic letter which will summarise your hospital review. This will also include any dose changes to your tablets.

What happens if I am not well in between appointments?

If you feel unwell please contact your GP.

Contact numbers

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- **Leukaemia Care** (telephone helpline and a website address with information on haematological disorders including myeloproliferative disorders)

Tel: 0800 1696680

www.leukaemiacare.org.uk

- **MPN Voice** (website providing patient information and support for patients who have a myeloproliferative disorder and patient forums)

www.mpnvoice.org.uk



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.

HAEMATOLOGY

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