

Home monitoring information for implantable cardiac devices (Boston)



The Latitude box enables you to send information from your device at home to the device clinic at the hospital using a secure system which only we can access.

You will receive a Latitude home monitoring box (see picture) - this is the white box used to send information from your device to our clinic at the hospital. It requires mobile phone signal to send the data to us. The box will alert you if it does not have signal. Ideally this box should be kept in your bedroom, within two metres of where you sleep. The box wirelessly checks your device regularly for any recordings and sends these to us automatically, on a daily basis. **Please keep your monitor plugged in at all times.**

Your cardiac device centre will arrange your normal tests through the home monitoring box. We will not need to contact you directly.

Occasionally we may ask for more information or if you are worried you can send the data by doing a manual download. Press the centre button once to wake the box and a second time to start the download. You will see the box go through with a series of lights; once you get both sides lit up, the download is complete.

We will only contact you if we need to ask questions about your symptoms or if we have seen something that requires further action. If you don't hear anything, all is well.

If you receive a shock, the device alarms or you are worried about something relating to your ICD, please perform a full download as above and contact your follow up clinic on:

Queen Elizabeth Hospital Birmingham

0121 371 2545 (Mon-Fri, 09:00–17:00)

Good Hope Hospital

0121 424 9675 (Mon-Fri, 09:00–17:00)

Solihull Hospital

0121 424 4358 (Mon-Fri, 09:00–17:00)

Heartlands Hospital

0121 424 3736 (Mon-Fri, 09:00–17:00)

Please state the reason for your download. A physiologist will check the download based on the information you give us. Urgent calls will be prioritised. The clinic will then contact you to advise the result and the best course of action.

Technical Issues

If you subsequently have any technical problems with the monitor, please phone the Boston helpline number on **0845 6029283**



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.

Cardiology

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