Umbrella
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umbrella
Birmingham and Solihull Sexual Health

Hyfrecation under Local Anaesthetic – Post Care

Free and confidential
umbrellahealth.co.uk

Introduction

This leaflet is designed to give you general advice on wound care after having hyfrecation under local anaesthetic. Most of your questions will be answered by this leaflet. However, this should not replace a discussion between you and your clinician. If after reading the information provided, you have any concerns or require further explanation, please discuss this with a member of the clinical team managing your care.

What is hyfrecation?

Hyfrecation is a form of electro surgery which can be used to treat warts on the skin. The hyfrecator used is a low-powered medical device which destroys tissue directly. In this clinic, we use it on genital skin to treat genital warts. You will have a local anaesthetic cream as well as a small local anaesthetic injection to numb the skin to make the procedure more comfortable for you. It is a short, simple procedure and your appointment will last no longer than 30 minutes. You will stay awake the whole time and your clinician will talk you through the procedure.

How to care for wounds post-treatment

1. Treated areas will scab for three to five days. Avoid picking, peeling, rubbing, scrubbing or irritating your skin in any way while it is healing as this may cause scarring and risk infection
2. Dry areas should be kept hydrated with a moisturising cream
3. Avoid heat, saunas, hot tubs and sweaty activity for one to two days; this includes exercise of any kind
4. You may resume your regular skin care routine five days after treatment, once the area is healed
5. If you have ongoing irritation after five days or anything you are concerned about at any other time, please seek medical advice from the clinic or your GP

Monitoring for infection

Infection is rare but if your wound becomes red, hot, swollen or there is a white/yellow/green discharge, it may indicate it is infected. Please attend your nearest umbrella clinic or GP. The infection will usually settle down in a week or two with antibiotics. If you ignore these symptoms they are unlikely to get better on their own.

Contact Details for Umbrella Clinic

Tel: 0121 237 5700

Please use the space below to write down any questions you may have and bring this with you to your next appointment.

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