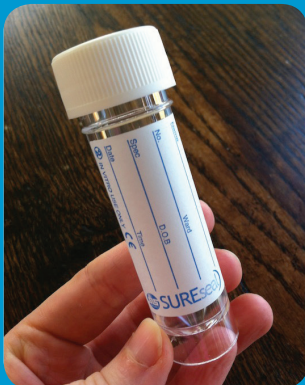
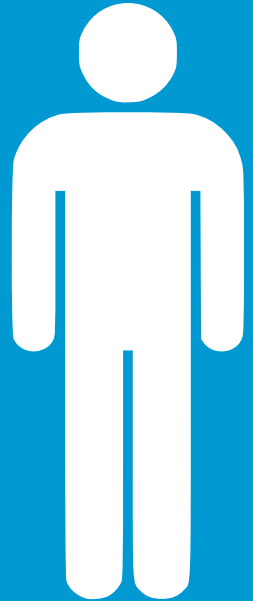


Providing a mid-stream urine sample



- Wash your hands
- Retract foreskin
- Pass some urine into toilet bowl
- Without interrupting your stream, collect some urine in the pot
- Finish passing urine as normal
- Ensure the lid is securely placed on the pot
- Wash your hands thoroughly
- The nurse will collect your sample



If you drop
your container,
please ask for
another one

Thank you!