



University Hospitals Birmingham
NHS Foundation Trust



Pirfenidone Information Leaflet

Building healthier lives

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Why am I taking this?

This treats Idiopathic Pulmonary Fibrosis (IPF)



How do I take these?

Take each dose at eight hourly intervals, with food.

Avoid grapefruit juice and chargrilled meats.

Use sun block (SPF 50+) and cover up outside.

Do I need blood test monitoring?

Blood tests are required at the start of treatment, monthly for six months and then every three months thereafter

Pregnant or planning a pregnancy?

Make sure you speak to your doctor first. Inform your doctor if you have not taken pirfenidone for 14 days or more.

Report any of the following **side effects** to your IPF team as soon as they occur:

- Peeling/blistering of the skin
- Sudden weight loss
- Overwhelming tiredness
- Yellowing of the whites of the eyes
- Yellowing of skin
- Dark urine
- Pain on the upper right side of your stomach
- Unexplained bleeding and bruising

The following medication should be avoided with pirfenidone:

Carbamazepine	Fluvoxamine	Primidone
Cimetidine	Isoniazid	Rifampicin
Ciprofloxacin	Leflunomide	Ritonavir
Clarithromycin	Nalidixic-acid	St John's Wort
Enoxacin	Norfloxacin	Teriflunomide
Erythromycin	Phenobarbital	
Fosphenytoin	Phenytoin	
Combined hormonal contraceptives		

The following medications can be taken with caution with pirfenidone:

Amiodarone	Ethylestridiol	Moxifloxacin
Amitriptyline	Fenofibrate	Paroxetine
Aprepitant	Fluconazole	Pipemidic acid
Bupropion	Fluoxetine	Probencid
Chloramphenicol	Fluvastatin	Propafenone
Cinacalcet	Insulin	Quinidine
Citalopram	Lansoprazole	Sertraline
Clozapine	Levofloxacin	Sildenafil
Diclofenac	Ketoconazole	Terbinafine
Diltiazem	Methoxsalen	Tiabendazole
Disulfiram	Metronidazole	Topiramate
Duloxetine	Mexiletine	Voriconazole
Entacapone	Modafinil	Zafirlukast
Nicotine Omeprazole		

If you have been started on any of the above medications, please contact the IPF team for advice.

Useful Contacts:

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Show this leaflet to your doctor before starting any new medication. Please read in conjunction with the manufacturers patient information leaflet.

**Interstitial Lung Disease Unit
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