



Post-TAVI groin access site care advice

Patient Label

Building healthier lives

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www.uhb.nhs.uk/patient-information-leaflets.htm

The access site in the artery at the top of the leg (right/ left or both) has been closed with a suture mediated device called a Proglide, which deploys a non-absorbable suture on the puncture site on the artery wall.

Very infrequently infection may develop at this site which requires prompt medical attention and management to reduce the risk of serious complications.

Please follow the advice below and notify us immediately if you notice very painful swelling or discharge from the puncture site.

Please contact TAVI nurse practitioner, Ewa Lawton on 07464908049 during office hours or call the Coronary Care Unit out of hours on 0121 371 2561 (or 0121 371 2562).

1. Keep groins dry for 2–3 days (avoid submersing in a bath, dry carefully after showering).
2. It is normal to experience some discomfort and/ or bruising, and it may take a couple of weeks to resolve completely. If you develop severe discomfort or a new painful swelling please contact us for advice as we may need to see you.
3. Avoid strenuous exertion for a few days after discharge (avoid lifting heavy objects or doing heavier house-chores, like vacuuming etc.) until discomfort settles.

4. Gradually build up physical activity after the initial period of recovery. Gradually lengthen walks, before progressing to other activities, if your other health conditions permit.

5. DVLA regulations stipulate that you must refrain from driving for one month from the date of the TAVI procedure.

Date of TAVI procedure: _____



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4957.

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