



University Hospitals Birmingham
NHS Foundation Trust



Rapid Access Testicular Clinic

Building healthier lives

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

Introduction

This leaflet has been written to explain to you and your family what will happen when you attend this clinic.

If you wish you can bring a relative, partner or friend with you. You may want them to come with you into the doctors consultation room – this is fine.

If you have any questions or concerns about your visit please ring the clinical nurse specialist (CNS) whose number is at the back of this leaflet.

If you have a query about the appointment date or time please ring the clinic co-ordinator whose number is at the back of this leaflet.

Information

You have been referred to the testicular clinic because you have noticed a lump or swelling in one of your testicles and/or the testicle has been painful.

Your GP has requested an expert opinion from a urologist.

On arrival, please report to the reception desk, you will be then asked to take a seat in the waiting area.

The urology specialist (doctor) will then call you through to the consulting room.

As part of the training medical students are often present in clinics. If you have concerns about the medical students attending or you do not want them to be present during your consultation please inform the nurse in clinic.

Consultation

Initially the doctor will take down some details about you and ask you about the swelling, how long it has been there and

whether there has been any injury to the testicle recently.

They will also ask you about your medical history and if you take any regular medication. Please bring with you a list of any medication you are taking and show it to the doctor.

Investigations

After the consultation, the doctor will ask you to lie on an examination couch in order to examine your testicles.

The doctor will want to examine both testicles to check the size and consistency. Abnormalities can sometimes be detected at this stage.

Following the examination, the doctor will then perform an ultrasound scan of both testicles.

Ultrasound

An ultrasound is a simple scan and is painless.

This ultrasound examination is very similar to the ultrasound a lady would have if she was pregnant.

To achieve a good image on the scanner the doctor will place scanning jelly over the scrotum and then using a scanning probe, will scan the testicle by applying the probe over the scrotum.

The doctor will scan both testicles in this way. Photographs can then be taken and kept as a record in your notes.

You will then be able to cleanse yourself of all the jelly, get dressed and the doctor will then explain all the results to you.

Further tests

Occasionally it is necessary to arrange an ultrasound examination in the X-ray department. The doctor will tell you if this is necessary and will explain to why. You will receive an

appointment letter for this through the post.

It is also sometimes necessary to do blood tests whilst you are in clinic. Again the doctor will explain why this is necessary.

Diagnosis

At the end of your consultation the doctor will be able to give you a diagnosis. We have several information leaflets explaining different conditions that can affect the testicle and (if appropriate) the doctor will give you the leaflet that relates to your condition.

On the back of all the leaflets is the name and telephone number of a specialist nurse who can help you if you need further information.

A report will be sent to your GP within 24 hours outlining the results of any tests that you have had done, the diagnosis and any after care or follow up required.

If you need any further information or advice please ring:

Urology specialist nurses 0121 371 6926

If you need to change or cancel your appointment please ring the Clinic co-ordinator on 0121 627 2878



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm

Urology
Queen Elizabeth Hospital Birmingham
Mindelsohn Way, Edgbaston, Birmingham, B15 2GW
Telephone: 0121 371 6926