

## Further information

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British Kidney Patient Association

www.britishkidney-pa.co.uk

UK National Kidney Federation

www.kidney.org.uk

CLIMB (Children Living With Inherited Metabolic Diseases)

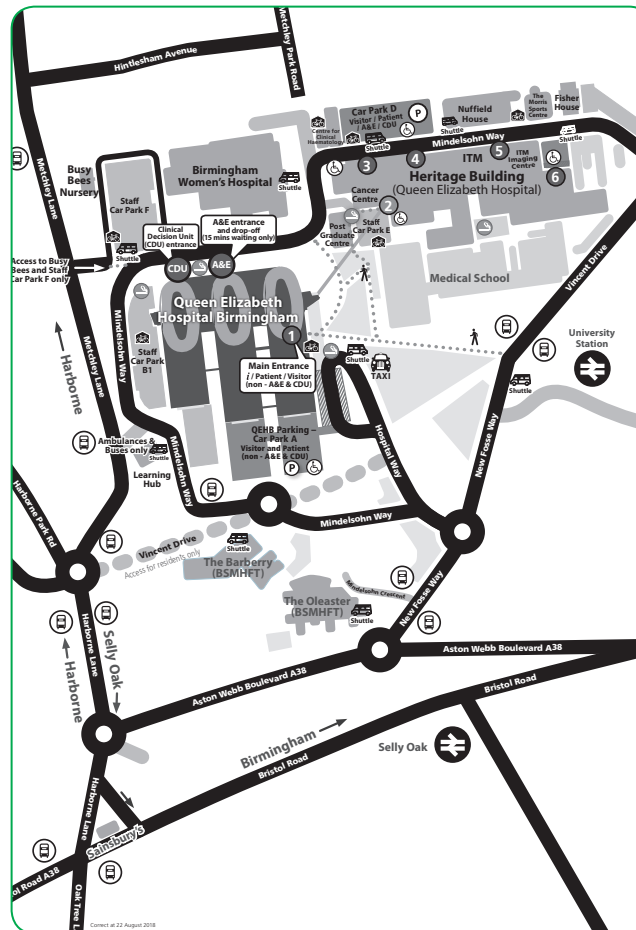
www.climb.org.uk

Rare Diseases UK

www.rare-disease.org.uk

Genetic Alliance UK

www.geneticalliance.org.uk



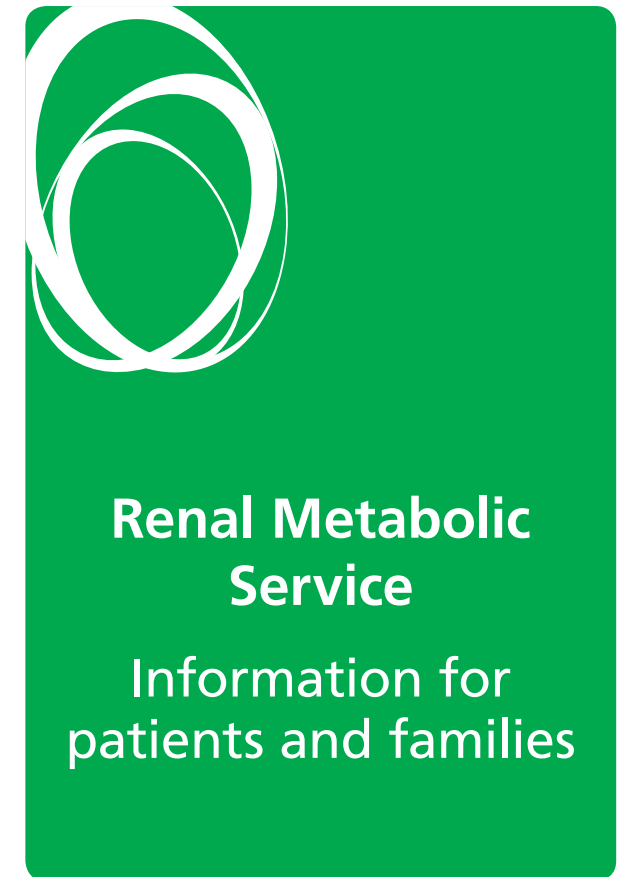
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The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit [www.uhb.nhs.uk](http://www.uhb.nhs.uk) or call 0121 627 7803

## Introduction

The Renal Metabolic Clinic is a speciality clinic for patients who have, or suspected of having a metabolic condition that affects the kidneys.

The clinic also specialises in the medical management of patients with recurrent kidney stones. The clinic is one of few in the country with a long experience of dealing with rare and complex conditions that affect the kidney. The clinic aims to provide you with an opportunity to have a consultation with either a consultant nephrologist or specialist nurse.

## Why am I attending this clinic?

You have been referred to this clinic because you, or a member of your family, may have a condition that affects your kidneys. The condition may be inherited and this clinic will provide you with the opportunity to discuss any issues or questions you may have.

## Prior to attending your clinic appointment

You may be contacted prior to your appointment to have a blood test and provide a urine sample so that we have the results of those ready to be discussed at your clinic appointment.

## What will be discussed in clinic?

Some of the issues that may be discussed are as follows:

- Review your medication to ensure you are receiving the most appropriate treatment
- Review your blood results and any other tests that have been performed
- Discuss the potential risk to your family of having the same condition
- Discuss how your condition may affect you and how we can help
- Provide you with information about your condition and advise you on what support is available
- Discuss any questions or issues you may have

## Will I need any tests?

You will have your blood pressure, height and weight checked when you attend clinic

It may be necessary to have a blood sample taken and you may need to provide a urine sample.

Other tests, such as scans, may be arranged for a later date.

## Do I need to bring anything with me?

Bring your appointment letter with you and a list of your medications.

It would be helpful if you could find out if there has been any family history of kidney disease.

A specialist nurse may be in contact with you if anything else is required for the clinic.

## Will I receive the results of my tests?

If you would like us to inform you of your blood results please let us know in clinic.

## How often do I need to attend?

This will be discussed between you and the specialist in your consultation. The frequency of your appointment may change over time.