Further information

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British Kidney Patient Association
www.britishkidney-pa.co.uk

UK National Kidney Federation
www.kidney.org.uk

CLIMB (Children Living With Inherited Metabolic Diseases)
www.climb.org.uk

Rare Diseases UK
www.raredisease.org.uk

Genetic Alliance UK
www.geneticalliance.org.uk

The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk or call 0121 627 7803

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Mindelsohn Way, Edgbaston
Birmingham, B15 2GW

Heritage Building
(Queen Elizabeth Hospital)
Mindelsohn Way, Edgbaston
Birmingham, B15 2TH

Telephone: 0121 627 2000

Renal Metabolic Service
Information for patients and families

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit www.uhb.nhs.uk/patient-information-leaflets.htm
Introduction

The Renal Metabolic Clinic is a speciality clinic for patients who have, or suspected of having a metabolic condition that affects the kidneys.

The clinic also specialises in the medical management of patients with recurrent kidney stones. The clinic is one of few in the country with a long experience of dealing with rare and complex conditions that affect the kidney. The clinic aims to provide you with an opportunity to have a consultation with either a consultant nephrologist or specialist nurse.

Why am I attending this clinic?

You have been referred to this clinic because you, or a member of your family, may have a condition that affects your kidneys. The condition may be inherited and this clinic will provide you with the opportunity to discuss any issues or questions you may have.

Prior to attending your clinic appointment

You may be contacted prior to your appointment to have a blood test and provide a urine sample so that we have the results of those ready to be discussed at your clinic appointment.

What will be discussed in clinic?

Some of the issues that may be discussed are as follows:

- Review your medication to ensure you are receiving the most appropriate treatment
- Review your blood results and any other tests that have been performed
- Discuss the potential risk to your family of having the same condition
- Discuss how your condition may affect you and how we can help
- Provide you with information about your condition and advise you on what support is available
- Discuss any questions or issues you may have

Will I need any tests?

You will have your blood pressure, height and weight checked when you attend clinic.

It may be necessary to have a blood sample taken and you may need to provide a urine sample.

Other tests, such as scans, may be arranged for a later date.

Do I need to bring anything with me?

Bring your appointment letter with you and a list of your medications.

It would be helpful if you could find out if there has been any family history of kidney disease.

A specialist nurse may be in contact with you if anything else is required for the clinic.

Will I receive the results of my tests?

If you would like us to inform you of your blood results please let us know in clinic.

How often do I need to attend?

This will be discussed between you and the specialist in your consultation. The frequency of your appointment may change over time.