

You can telephone the team  
9am - 5pm: 0121 424 4766

The phone will automatically divert to the answer machine if the phone is engaged or if we are away from the desk. The answer phone is checked regular intervals and your called will be returned as soon as possible.



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit [www.uhb.nhs.uk/health-talks.htm](http://www.uhb.nhs.uk/health-talks.htm) or call 0121 371 4323.

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**Solihull Community Respiratory Team**  
Ullswater  
Solihull Hospital  
Lode Lane  
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Telephone: 0121 424 4766

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Date: January 2019 Review date: January 2021



**University Hospitals Birmingham**  
NHS Foundation Trust



**Building healthier lives**

**UHB is a no smoking Trust**

# Solihull Community Respiratory Team

## Who is in the Respiratory Team?

- Lead respiratory nurse specialist
- Respiratory nurse specialist
- Respiratory physiotherapy
- Occupational therapist
- Respiratory health care assistants

The team can call on a range of specialists for extra advice and help when needed, such as respiratory consultants, physiologists, respiratory ambulatory day service and dieticians.

## Why have I been referred to the respiratory team?

You will have been referred in because you will have a lung condition. Our team will be able to assess, advise and treat your condition.

## What can I expect to happen at my consultation?

You will have a detailed respiratory consultation with either a respiratory nurse or a physiotherapist. The consultation will include:

- Checking your current treatment and medications
- Checking your inhaler technique
- Listening to your chest

## Who can refer me to the respiratory team?

- Hospital respiratory consultant
- Community matron
- GP
- Practice nurse
- Hospital ward
- Other healthcare professions

## Can I refer myself?

Only if you have been seen previously by the team. Once you have been seen you have open access to the team and you can call and refer yourself.

## What happens after I have been referred?

You will be seen in clinic, available in one of four locations across Solihull. Housebound patients will be seen in their own home. The team will assess and work with you to help you understand and manage your long-term respiratory condition and symptoms.

You may be referred on to either pulmonary rehabilitation or the home oxygen service if this is thought to be appropriate. Leaflets for these services are available on request.

You may also be referred to other members of the team who will offer specialised assessments such as anxiety management, relaxation techniques and energy preservation equipment.

You will be discharged back to the person who originally referred you to our service, once we are confident that your condition has stabilised.

You are always given our contact details so you can ring for advice should you require further input.