

Umbrella partner organisations

A wide range of health related support is available from over 50 community partner organisations dealing with:

- Domestic / sexual violence
- Drug and alcohol addiction
- Sex workers
- Support for young people
- Lesbian, gay, bi and trans (LGBT)
- Termination of pregnancy
- Homeless support
- Mental health support

Visit  umbrellahealth.co.uk/about/ourpartners to find out more.

Website services

- Service locator
- Order a STI home self- sampling kit
- Find the right service for you
- Under 25s information
- Contraception
- HIV testing
- LGBT services
- Services for under 16s
- Survivors of sexual abuse and assault
- Alcohol and substance misuse

Frequently asked questions

Where can I be tested for STIs or HIV?

All Umbrella clinics offer STI and HIV testing. If you're aged 16 or over and living in Birmingham and Solihull you can also request a free self-sampling kit. Your results will be sent to you by text.

Where can I get free condoms?

Free condoms are available from all Umbrella clinics, pharmacies and some GPs.

Not registered with a GP?

For advice and information about how to register with a GP, visit the NHS Choices website.

What is the most common sexually transmitted infection (STI)?

Chlamydia is the most commonly diagnosed sexually transmitted infection (STI) with the highest rate of infection found amongst the 15-24 age group.

If you test positive it can be easily treated with antibiotic tablets.

Are all your services free and confidential?

Yes. We're an NHS provider so, as long as you're entitled to NHS services, you won't be charged. We offer a confidential service and will not share identifiable information about you with anyone without your permission unless we are legally required to do so, or if we believe that you or another person is in serious danger.



Sexual Health services near you

FREE AND CONFIDENTIAL
Birmingham and Solihull

Use our online service locator to
check which services are
provided and where

 umbrellahealth.co.uk

 0121 237 5700

Your local Umbrella sexual health service

We provide services in:

- Umbrella clinics
- GPs
- Pharmacies
- Community organisations

Visit umbrellahealth.co.uk and click on 'Service Locator' to search for your local services.

Home self-sampling STI kits

If you're aged 16 or over and living in Birmingham or Solihull, you can have a free sexually transmitted infection (STI) self-sampling kit delivered to a local address, or collect it from an Umbrella pharmacy or clinic. Results are sent by text and all kits allow you to test for:

- Chlamydia
- Gonorrhoea
- HIV
- Syphilis
- Hepatitis B (for men who have sex with men)

Visit umbrellahealth.co.uk to order a home self-sampling kit.

Umbrella pharmacies

Umbrella Birmingham pharmacies offer the following:

- Free condoms
 - Emergency hormonal contraception ("morning after pill")
 - Collection point for STI self-sampling kits ordered online
- Visit umbrellahealth.co.uk

Some Umbrella pharmacies also offer:

- Chlamydia treatment
- Contraceptive pills
- Contraceptive injections
- Continuation of Hepatitis B vaccinations started at an Umbrella clinic
- STI home self-sampling kits upon request

Visit umbrellahealth.co.uk and click on 'Service Locator' to search for your local Umbrella pharmacy.

GP services

GP practices offer a wide range of contraceptive services and some also give advice, testing and treatment for sexual infections.

Call your GP practice to find out about their services and where to get help with contraception and sexual health.

Most practices can offer:

- Contraceptive advice
- The pill and other methods of contraception
- Emergency contraception ("morning after pill")
- Advice about unplanned pregnancy

Many practices can provide or advise on:

- Contraceptive implants
- Contraceptive coils
- Condoms
- Pregnancy testing

Some practices will see patients not registered with the practice.

Visit umbrellahealth.co.uk and click on 'Service Locator' to search for your local Umbrella GP.