Information for new and existing patients
The aim of this leaflet is to provide you with an overview of the things you might need to know about the skull base services team.

Who are we?
At University Hospitals Birmingham NHS Foundation Trust, we conduct patient assessments and treatment of skull base tumours. We have a dedicated team who deal with all aspects of assessment, surgery, radiotherapy, chemotherapy and follow-on care.

We do not operate a drop-in service. Please contact us first if you are experiencing problems. If you are experiencing urgent problems please contact your GP for advice or in an emergency, please use your local A&E.

Where is the department based?
Appointments could take place at various sites, depending upon a number of factors. Most appointments take place in Outpatient Areas 1 and 2, located on the ground floor at the Queen Elizabeth Hospital Birmingham (QEHB). You may also be seen within the oncology clinic at the Cancer Centre in the Heritage Building. Some clinics are also held at the Centre for Rare Diseases, also located in the Heritage Building. QEHB has good public transport links. The nearest train station is University station, which is approximately three minutes walking distance from QEHB.

What happens in clinic?
Our consultants will see you to discuss your symptoms and conduct a clinical examination. Our team of multidisciplinary staff will discuss your case in our MDT meeting and every effort will be made for you to be seen by the most relevant consultant, alongside other members of the team.

Our team reviews cancer and non-cancer patients whose pathology is affecting the skull base. We understand that having cancer can be very
difficult for you and your family. There may be many issues you would like to discuss and our team will always do their best to answer your questions.

**Clinical nurse specialist (CNS) team**

Our CNS team routinely see patients at every stage of their illness. Their role is to provide help, information and support to you and your family. The Skull Base CNS will be your main point of contact and act as your ‘Key Worker’ at the hospital. The CNS role includes:

- Providing information about your diagnosis and treatment
- Communicating with your GP and community nursing services (as appropriate)
- Providing you with information about other professionals for advice or support such as: benefits advice, emotional support, dietician, and Occupational Health

We may see you in the Outpatient department or on the wards. If you are attending a hospital appointment and wish to see a member of the CNS team, please contact us beforehand and we will do our best to attend the clinic appointment with you.

We can also speak with you on the telephone or by email. With your permission we can also speak with your family/next of kin. Please note there will be times that we will leave it to you to contact us if you have any concerns. This can help you get back to normal life without being reminded of your condition all the time. At times we are busy in clinics so will not be able to get back to you on the same day, but we will aim to return your call or reply to your email within one working day. Please be aware that this is not an emergency service. If you have need for urgent help, please call your GP or the emergency services. You can also contact your consultant’s medical secretary via switchboard on **0121 371 2000**.
The Skull base multi-disciplinary team:

**Otorhinolaryngologists (Ear, nose and throat surgeons)**
Mr Peter Monksfield  Consultant ENT/ (Otology) Surgeon
(Chair of Skull Base MDT)
Mr Shahz Ahmed  Consultant ENT and
Anterior Skull Base Surgeon
Mr Richard Irving  Consultant ENT/ (Otology) Surgeon

**Neurosurgeons**
Mr Alessandro Paluzzi  Consultant Neurosurgeon
Mr George Tsermoulas  Consultant Neurosurgeon
Mr Andrew Kay  Consultant Neurosurgeon

**Oncologists**
Dr Paul Sanghera  Consultant Oncologist
Dr Sara Meade  Consultant Oncologist
Dr Andrew Hartley  Consultant Oncologist

**Maxillofacial Surgeon**
Mr Prav Praveen  Consultant Maxillofacial Surgeon

**Radiologists**
Prof. Swarupsinh Chavda  Consultant Neuroradiology
Dr Hanseng Chew  Consultant Neuroradiology
Dr Latha Senthil  Consultant Neuroradiology

**Neuro-ophthalmologists**
Miss Ruchi Batra  Consultant Neuro-ophthalmology
Mr Mike Burdon  Consultant Neuro-ophthalmology

**Clinical Nurse Specialist**
Kiran Kaur  Skull Base CNS (ENT)
Other Multi-disciplinary team members include:
- Clinical fellows
- Physician associates
- Audiologists and therapists
- Plastic and reconstructive consultant surgeons
- Research team
- MDT co-ordinator
- Allied Health Professionals: e.g. physiotherapist, occupational therapist, speech & language therapist (SALT), dieticians. (Access to other professionals will be available as and when it is required)

**Who do I contact?**
On visiting the clinic you will be given the name of the appropriate person to contact. This is a list of all the contact numbers, but only some will be applicable to your care.

Secretary to Mr Ahmed
Laura Brookes-Reid
0121 371 4699

Secretary to Mr Monksfield
Brenda Walker
0121 371 4518

Secretary to Mr Irving
Tracey Plant
0121 371 4511

Secretary to Mr Paluzzi
Liz Jones
0121 371 6853

Secretary to Mr Tsermoulas
Emily Wilson
0121 371 6854

Secretary to Mr Kay
Liz Jones
0121 371 6853
Secretary to Mr Praveen          Julie Rowlands
                       0121 371 5028

Secretary to Dr Hartley       Elizabeth Neil
                       0121 371 3598

Secretary to Dr Sanghera     Sheena Collins
                       0121 371 3599

Secretary to Dr Meade         Keely Walton
                       0121 371 3589

Kiran Kaur          Skull Base Clinical Nurse Specialist (ENT)
                   0121 371 4692
Email: Skullbasecns@uhb.nhs.uk

If you are not sure who to contact, please contact one of the secretaries or the CNS and they will be able to direct your query.

Your consultant is: ..........................................................

Your key worker is: ..................................................................
Additional information:

Cancer Centre & Support Services  
The Patrick Room  
0121 371 3537 / 3539

Macmillan Cancer Support  
www.macmillan.org.uk

NHS Choices  

Skull Base Society  
https://skullbase.co.uk/public/

Meningioma UK  
https://meningiomauk.org/

British Acoustic Neuroma Association  
www.bana-uk.com

The Acoustic Neuroma & Meningioma Network  
www.amnet-charity.org.uk

The Pituitary Foundation  
www.pituitary.org.uk
Do you really need to go to A&E?
Check symptoms online quickly and safely.
A free service for NHS patients.
[uhb.nhs.uk/ask]