



Uro-Oncology Specialist Nurses

**Introduction to
our philosophy of care**

Building healthier lives

UHB is a no smoking Trust

To see all of our current patient information leaflets please visit
www.uhb.nhs.uk/patient-information-leaflets.htm

The uro-oncology specialist nurses aim to provide advice, information and support to patients, their families or their carers, who are affected by disease of the kidneys, bladder or prostate.

We are happy to discuss any issues with nominated relatives or carers, but we must gain permission to do so from the patient before hand.

The treatment of all these cancers will vary from patient to patient. Some patients will need surgery whilst others may need radiotherapy (X-ray treatment) and/or chemotherapy, or drug treatment.

We aim to do this by:

- Giving you continuity of care from a named nurse specialist/key worker whether you are in hospital or at home
- Involving family and carers (if this is what you wish)
- Involving other care teams and departments in hospital or in the community
- Providing ongoing support and information during all stages of your illness and treatment

The Queen Elizabeth Hospital Birmingham is a specialist referral centre and we receive referrals from many hospitals within the region and nationally. You may have had contact with a specialist nurse at your local hospital. If you wish, we are more than happy to liaise with your local specialist nurse regarding your care.

It is a national requirement that every person with a new cancer diagnosis is reviewed by the specialist cancer team to recommend or agree a treatment plan. This is known as the multidisciplinary team meeting – MDT. The clinicians who attend this are pathologists, surgeons, oncologists, radiologist and specialist nurses. The Urology MDT meeting is held every Friday morning at Queen Elizabeth Hospital Birmingham.

How to contact us

All the specialist nurses share an office-based phone with an answer machine if we are not in the office. We would encourage you to leave

a message with your name, date of birth, hospital number, and a contact telephone number and a brief description of your query for us to call you back. We aim to return all calls within 2 working days due to clinical commitments. If your call is of an urgent nature then your first point of contact should be your GP.

The specialist nurses carry bleeps and can be contacted via the hospital switchboard. Please only use this system if your call is urgent, as we may be with patients when you call.

Please note we do not work weekends or Bank Holidays.

Nurse specialist team

Hospital switchboard: **0121 627 2000**

Specialist nurses office phone: **0121 371 6926**

Kim O’Keeffe

(Key worker for Bladder cancer)

Bleep 1307

Richard Gledhill

(Key worker for Prostate cancer)

Bleep 1871

Susan Sireshek

(Key worker for Kidney cancer)

Bleep 2004

Adelaida Padilla

(Key worker for City and Sandwell Hospital Patients)

Bleep 2099

Other services include

- Holistic needs assessment – please ask your key worker if you want this
- Access to myhealth@qehb
- Further information on clinical trials/research
- Support groups
- Psychological support/referral
- Dietary advice/exercise/complementary therapies

For more information on urological cancers, please contact:

- **The Patrick Room** within the outpatients department of the Cancer Centre at the Heritage Building (Queen Elizabeth Hospital).
0121 697 8417/0121 371 3537
- **Macmillan Cancer Support**
Telephone: **0808 808 0000**
www.macmillan.org.uk
- **Kidney Cancer UK**
Helpline: **0844 870 7054** (local call rate)
www.kcuk.org
- **Cancer Help UK**
www.cancerhelp.org.uk
- **Prostate Cancer UK**
Helpline: **0800 074 8383**

Patients with cancer can receive free prescriptions. If you want more information about this or other financial/social support please mention this to your Key worker or contact the Patrick Room.



The Trust provides free monthly health talks on a variety of medical conditions and treatments. For more information visit www.uhb.nhs.uk/health-talks.htm or call 0121 371 4323.

Urology Department
Queen Elizabeth Hospital Birmingham
Mindelsohn Way, Edgbaston
Birmingham, B15 2GW
Tel: 0121 371 6926
