

Standard Operating Procedure for Providing Intravesical Therapies in Urology during COVID-19 recovery phase

COVID-19 DOCUMENT

CATEGORY:	Procedure
CLASSIFICATION:	Clinical
PURPOSE	To enable appropriate social distancing and infection control for patients, carers and staff within UHB Urology Procedure areas and Theatres.
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Distribution:	All members of staff who work within the Urology Procedure areas and theatres at UHB, medical, nursing and admin staff.
<ul style="list-style-type: none"> • Recommended Reading for: • Information for: 	All Divisional and Corporate Outpatient booking teams.

Contents

		Page
1	Introduction	3
2	Reason for development	3
3	Scope	3
4	Urology Outpatient Intravesical Procedures	4
4.1	Patient Swab Regime for Intravesical Treatments	5
4.2	Self-Isolation Rules	5
5	Staff Infection Control Measures	5
6	Information for Patients Pre Attending Clinics	5
7	Hand Hygiene	5
8	Accompanying Visitors	6
9	On arrival at the Out Patients Department Personal protective Equipment	6
10	Assessing patients who have had had treatment delayed due to suspected/ confirmed COVID prior to recommencement of treatment	6
11	Social Distancing	7
12	Flow of Patients	7
Appendices		
Appendix 1	Patient letter Insert	8-10

1. Introduction

During the initial COVID-19 pandemic period, patients who should receive instillation of Mitomycin-C or BCG post Transurethral Resection of Bladder Tumour as an outpatient procedure were ceased with no face to face elective procedures.

In the initial recovery phase, there is a need to restart these services in Urology with strict control of the number of patients per list, to address the recommended management of these patients.

These guidelines will be reviewed regularly and updated to reflect any changes in national or local guidance, or community prevalence of COVID-19.

2. Reason for development

During the initial recovery phase of COVID-19, it is vital that, within the Urology Outpatient Procedure areas, we have consistent, visible infection control and social distancing measures to provide safe and reassuring care.

To allow provision of such care, there is a requirement to significantly change the way we deliver the Treatments from pre-COVID-19 levels. Such reduction has to occur within a suite of alternative Urology Outpatient Interventions to ensure provision of on-going safe care.

This document describes processes to enable appropriate social distancing and infection control for patients requiring Intravesical Treatments in UHB Urology Outpatient Procedure areas.

3. Scope

These processes must be followed in all areas where urology outpatient procedure care is provided, irrespective of who manages formally, unless alternative guidance has been approved.

These procedures will take place in the following locations:-

- Queen Elizabeth Hospital- Outpatients area 2
- Good Hope Hospital- Treatment Centre
- Solihull Hospital – Urology Treatment Centre

Each site must have an agreed maximum number of patients per list which must not be exceeded and there must be a nominated member of the Urology Nursing Team who oversees correct pathway implementation on a daily basis.

Procedure	QEH Max. no. Patients per List	GHH Max. no. Patients per List	SOL Max. no. Patients per List
Intravesical Mitomycin-C	4-6	4-6	4-6
Intravesical BCG Instillation	4-6	4-6	4-6

4. Urology Outpatient Intravesical Treatments

All patients for the procedure must have High risk NMIBC (Non muscle invasive Bladder Cancer) and be approved by the MDT. Intravesical therapies for Intermediate risk NMIBC are NOT currently indicated.

- Defer Treatment if patient is in the 'extremely vulnerable' category and is shielding
- Patients > 80 years will need to be identified and a Consultant Urologist/Senior Doctor must discuss risk/benefit with the patient, before a decision is made to have treatment. **The discussion is to be documented.**
- If COVID +ve or symptoms suggestive of COVID: Do not instill
- If COVID +ve. Defer instillation for 10 days and reassess prior to re swabbing.

4.1 Patients Swab Regime for all intravesical Treatment

- All patients are required to have a Covid-19 swab 3 days before their appointment; this appointment will be arranged by the Clinical Specialist Nursing Team, who will also record the results on the patients' records.
- All patients must be swabbed on the day of each Instillation until course is complete.

4.2 Self-Isolation

All patients undergoing a course of Intravesical Therapy and their household members must adhere to strict social distancing and perform stringent hand hygiene for a minimum of 14 days pre procedure and to self –isolate for the 3 days following their swab prior to treatment. For the duration of their course and one week post treatments, they and their household members must continue to adhere to strict social distancing and perform stringent hand hygiene.

5. Staff Infection Control Measures

Refer to Control Document

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

Number C129

6. Information for patients before attending clinics

This will be provided in clinic appointment letters, via text (including links to trust website) as clinic reminders, and on approach and inside clinical areas. Letter appendix 1.

7. Hand hygiene

This remains a key element of infection control. Alcohol gel will be available at the front door and throughout clinical areas.

8. Accompanying visitors

Refer to Control Document

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

Number C129

9. On arrival at the Out Patients Department

Triage as in Control Document

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

Number C129

If the patient is identified as having potential COVID19, swabs should be sent and the patient should be managed clinically in accordance with trust guidance. Treatment should be deferred for 7 days from the onset of symptoms.

If the patient is identified to have a household member who has suspected or confirmed COVID19 the patient should be sent home to self-isolate until 14 days post the onset of symptoms unless this is felt to be clinically inappropriate.

10. Assessing patients who have had had treatment delayed due to suspected/confirmed COVID prior to recommencement of treatment

Patients with suspected/confirmed COVID19 will have had treatment deferred until 10 days post onset of symptoms at the time of presentation (see appendix 2).

They will require clinical review by telephone approximately 3 days prior to treatment.

If the clinician assesses them to have recovered sufficiently to recommence treatment they will be asked to attend for a COVID swab. This should take place 48 hours before treatment is due to ensure the result is available. Patients will be contacted with the result and informed whether they are able to proceed with treatment.

- If the swab is negative proceed with treatment.
- If swab remains positive defer treatment and reassess with same procedure in 1 week.

Patients that are still symptomatic will be reviewed again 1 week later and treatment deferred a further week.

Patients should undergo COVID19 swabs to assess recovery even if they did not have a diagnostic swab at the onset of symptoms.

11. Social distancing seating

Triage as in Control Document

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

Number C129

12. Patient Flow

Refer to Control Document

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

Number C129

To be read in conjunction with

Standard Operating Procedure for Providing Face to Face Outpatient care during COVID-19 recovery phase

And

Standard Operating Procedure for planned care in hospitals and diagnostic services during the COVID-19 Pandemic

Appendix 1

COVID-19: Advice for patients attending UHB hospitals for Urology outpatient Intravesical procedures

We know that coming to hospital during the current COVID-19 pandemic might cause our patients some anxiety and worry. We want to reassure you that the NHS is here for you and we have your safety in mind. We have made some changes to our hospitals to reduce the risks so if you have visited before, you might find things are different. For example, please be advised that catering will not be available and to bring a small snack if required.

Please read the following guidance carefully before your visit. If you have any questions, please telephone the number on your appointment letter.

Before your appointment

Patients advised that you and your household members must adhere to strict social distancing and perform stringent hand hygiene for 14 days prior to your appointment

You will need to have a Covid-19 swab 3 days before you start your course of treatment: you need to attend on

Date **Time**..... **at** **Site**.....

Please don't come to the hospital on the day of your appointment if you are unwell with the symptoms of COVID-19 and can answer **YES** to either of the questions below, or by government guidance should be self-isolating. If this means you will not be able to attend your appointment, please call the number on your letter and we can rearrange it.

In the last 14 days, have you been diagnosed with COVID-19 or been in close contact with someone diagnosed with COVID-19?

- 1. Have you or any of your close contacts developed any of the following new symptoms in the last 14 days?**
 - a new continuous cough
 - a high temperature
 - a loss of, or change in, your normal sense of taste or smell (anosmia)

Please wear a clean mask or cloth face covering to come into the hospital. If you do not have one, we can give you a mask when you arrive.

Please do not bring visitors with you if at all possible, if you do they will be asked to wait outside of the hospital. If you do need help coming to the hospital, ideally the person accompanying you should be from your household. We ask that your visitor leaves you in the waiting area and waits elsewhere. We have very limited space in the clinic area to ensure that we can maintain social distancing. We ask that you arrive on time for your appointment time but no earlier as space is very limited.

Inside the hospital

Please stay at least two metres apart from others (outside your household) at all times – this includes in car parks, corridors, and waiting areas.

Please clean your hands with alcohol gel as soon as you arrive in the hospital. This will be available for your use.

Please avoid touching your face and cough or sneeze into a tissue and then bin it safely. If you don't have a tissue, please cough or sneeze into your arm.

Please try to restrict your movement on site so you only visit areas essential for your visit.

Please take note of all signage and follow any guidance given. For example, lifts will have signs displaying the maximum number of occupants allowed inside at any one time.

Reception and check-in areas

Please remain at a two metre distance from reception/ nursing staff and use hand gel if you use the touch-screens to check in.

Please observe the signs placed on waiting area seats as we need to maintain social distancing.

We will be asking some questions when you get to the hospital and take your temperature to ensure we don't need to take extra precautions with your care.

Please be reassured that we are working hard to reduce the risks at our hospitals.

By following the guidelines above, we can work together to help protect each other. Thank you.

Pathway for patients with suspected or Confirmed COVID

