

Nebuliser Trial Appointment

A member of your medical team has requested a nebuliser trial. This request is usually made by a doctor that you have seen in the hospital or your G.P.

Why am I having the test?

Nebulised medication can be used in lung conditions where symptoms such as wheezing, breathlessness and chest tightness are not relieved by your usual inhalers. A nebuliser allows you to breathe in the medication through a mask or a mouth piece. The trial is carried out if you're not receiving adequate relief from inhaler therapy and will assess whether the nebuliser is beneficial to you.

What will happen during my appointments?

You will have 3 appointments over 5 weeks but only one appointment where you need to attend the hospital; the other two will be telephone reviews.

Appointment 1: You will visit the department to collect the equipment required for the nebuliser trial. Information on how and when to use these will be provided by a physiologist at the appointment. You will be instructed to complete a symptom diary for 4 weeks and then post it to us in the self-addressed envelope provided

Appointment 2: We will contact you after 2-4 weeks via telephone to review how the trial is progressing and any additional instructions

Appointment 3: We will telephone you once we receive the symptom diary and have reviewed your trial results

Pre-test instructions

Please contact us on the number below if you have had a recent chest infection within the last 4 weeks prior to the start of your trial. Please bring your usual medication and inhalers to the appointment.

What happens after the test?

We will discuss the results of the trial with you and if it was beneficial we will inform your consultant or GP that we have issued you the nebuliser so that a prescription for the medication can be arranged. If the trial is not beneficial we will arrange a mutually convenient time to return the nebuliser, and we will inform your Consultant or G.P of the results.

Questions?

If you have any questions or concerns please do not hesitate to contact the department to discuss on 0121 371 3870.

Information for Patients

Our commitment to confidentiality

We keep personal and clinical information about you to ensure you receive appropriate care and treatment. Everyone working in the NHS has a legal duty to keep information about you confidential.

We will share information with other parts of the NHS to support your healthcare needs, and we will inform your GP of your progress unless you ask us not to. If we need to share information that identifies you with other organisations we will ask for your consent. You can help us by pointing out any information in your records which is wrong or needs updating.

Additional Sources of Information:

Go online and view NHS Choices website for more information about a wide range of health topics <http://www.nhs.uk/Pages/HomePage.aspx>

You may want to visit one of our Health Information Centres located in:

- Main Entrance at Birmingham Heartlands Hospital Tel: 0121 424 2280
 - Treatment Centre at Good Hope Hospital Tel: 0121 424 9946
 - Clinic Entrance Solihull Hospital Tel: 0121 424 5616
- or contact us by email: healthinfo.centre@heartofengland.nhs.uk.

Dear Patient

We welcome your views on what you thought of this patient information leaflet, also any suggestions on how you feel we can improve through our feedback link below:

- Patient Information Feedback email: patientinformationleafletfeedback@heartofengland.nhs.uk

If you wish to make any other comments this can be done through the links listed below:

- Patient Opinion: www.patientopinion.org.uk
- I want great care: www.iwantgreatcare.org (Here you can leave feedback about your doctor)

Be helpful and respectful: think about what people might want to know about our patient information and this hospital and how your experiences might benefit others. Remember your words must be polite and respectful, and you cannot name individuals on the sites.

If you have any questions you may want to ask about your condition or your treatment or if there is anything you do not understand and you wish to know more about please write them down and your doctor will be more than happy to try and answer them for you.