

This image shows a vertical rectangular sheet of white paper. It features ten evenly spaced, horizontal dashed lines running across its width. These lines are designed to guide handwriting practice, similar to the format used in primary school notebooks. The lines are thin and black, set against a plain white background. There are no margins, text, or other markings on the page.

Telephone: **0121 424 4766**
Monday–Friday, 08:00–17:00

UHB is a no smoking Trust

Oxygen (O₂)

This leaflet has been produced to give you information about your oxygen prescription.

Oxygen is a drug and should be used as prescribed by the Solihull Community Respiratory Team.

Your oxygen prescription is based on a complex assessment that assesses oxygen and carbon dioxide levels.

You should not alter the dose of oxygen you have been prescribed as this can be dangerous.

You have been prescribed oxygen to improve your quality of life.

Prescription

Hours per day
Litres per minutes
Suggested time to wear

General advice is to put your oxygen on in the evening, sleep with it overnight and remove in the morning. Your specialist will advise if this is not the case

You will be able to monitor your oxygen usage via Baywater Oxygen Company who are the providers of your oxygen. If you have any problems with the concentrator or cylinders you can contact them on **0800 373 580**.

Appointments

You will receive follow up visits and telephone contact from Solihull Community Respiratory Team at four weeks, three months, six months and 12 months after oxygen is initiated.

This is to continue to assess your oxygen requirements to ensure you remain on the correct amount. You may also require a safety visit from the fire service to ensure you have working fire alarms.

Electricity payment

Baywater will service the oxygen concentrator every six months. They will be able to view the hours you have used of electricity and will make payment to you every three months to reimburse the cost of electricity used.

Do

- Use for the hours prescribed by the Specialist
- Use at night as well as during the day
- Switch off when not in use
- Leave 20min after switching off before using gas appliances in the home

Do not

- Smoke while using oxygen
- Operate gas cooker or any device which has a naked flame when in use
- Leave running when not in use
- Adjust the setting
- Use during the day only