



Rainbow Clinic Team

University Hospitals Birmingham NHS
Foundation Trust

Telephone: 07795 977 091

Email: uhb-tr.rainbow@nhs.net

Rainbow Midwife Support Team/Eden

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University Hospitals Birmingham
NHS Foundation Trust



**Welcome to
our Rainbow
Placenta Clinic**

Building healthier lives

UHB is a no smoking Trust



What is a Rainbow Clinic?

The term Rainbow Clinic is often used to describe a specialist service for women and their families in a subsequent pregnancy following a stillbirth, neonatal death or late miscarriage.

Why is a Rainbow Clinic needed?

At University Hospitals Birmingham, we recognise the significant impact the loss of a baby can have on your physical, emotional and psychological health. Many women who have a pregnancy loss are pregnant again within a year and often face navigating the journey of a new pregnancy challenging. This is often a time of mixed emotions of hope and anxiety. We want to work with you to help support you through this time and provide you with the best care possible.

Who are the Rainbow Team?

The team caring for you includes a specialist midwife, a consultant obstetrician and a specialist sonographer and they

aim to provide continuity of care where possible. Alongside this, we work closely with other members of the multidisciplinary team and specialist support services on an individual basis. Appointments with other members of the team will be arranged by us if needed.

When will I be seen?

In the beginning, we see you around 7–10 weeks for a reassurance scan, blood tests and commence any appropriate medication as needed.

Follow-up scans will be arranged at regular intervals throughout your pregnancy until delivery.

You can continue to see your community midwife as normal. In addition to this, you will have access to see the specialist Rainbow midwife for emotional support and reassurance. They will also work with you to write a birth plan.

How can you get in touch with us?

- You, your community midwife or GP can email the team on uhb-tr.rainbow@nhs.net for any non-urgent enquiries; we aim to respond within 48-hours Monday to Friday
 - All urgent queries should be made on the day to your GP or community midwife by phone, or calling the delivery suite (over 16 weeks in pregnancy) **0121 424 3514** or GAU (under 16 weeks in pregnancy) **0121 424 3505**
 - You can also contact the maternity departments at **Heartlands Hospital** on **0121 424 3729** and **Good Hope Hospital** on **0121 424 9604**
 - **Rainbow Clinic Team**
Tel: **07795977091**
Email: uhb-tr.rainbow@nhs.net
 - **Rainbow Midwife Support Team/Eden** Tel: **0121 424 2088**
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