

Lucentis discharge sheet – Post Injection Instructions and Advice Sheet

Date:.....

Name:.....

Registration number:.....

Sex:.....

ID band:.....

Date of Birth:.....

Consultant:.....

Instructions and advice following an injection to the eye

Procedure:

Intravitreal injection of:..... to the..... eye.

The white of the injected eye may be slightly red and uncomfortable for a few days, especially around the injection site. This is normal and you may take your 'painkillers' if you have any discomfort

You can take the clear plastic shield off your eye when you get home

Your vision in that eye may be blurred for several days and you may see 'floaters' in your vision. This is normal and should resolve after a few days

Please do not get your injected eye wet for 24 hours

Please do not carry out strenuous physical exercise for 24 hours

If you have been prescribed post-injection drops, use them as directed

If you experience any of the following:

- Increasing redness, swelling or pain in the injected eye
- Loss of vision
- If you are concerned or have any questions

Please contact the Ophthalmology Department:

Area 1, Level 0, Queen Elizabeth Hospital Birmingham, Mindelsohn Way, Edgbaston, Birmingham, B15 2GW Telephone: **0121 371 6476**, Monday–Friday, 9.00–16:30

Birmingham and Midland Eye Centre: (Out-of-hours)

Sandwell and West Birmingham Hospitals NHS Trust
Dudley Road, Birmingham, B18 7QH
Telephone: **0121 554 3801** ask for Birmingham and Midland Eye Centre

Accessibility

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