1	Name:
	Registration number:
	Sex:
	ID band:
	Date of Birth:
	Consultant:

Date: .....

## Instructions and advice following an injection to the eye

- The white of the injected eye may be slightly red and uncomfortable for a few days, especially around the injection site. This is normal and you may take your 'painkillers' if you have any discomfort
- You can take the clear plastic shield off your eye when you get home
- Your vision in that eye may be blurred for several days and you may see 'floaters' in your vision. This is normal and should resolve after a few days
- Please do not get your injected eye wet for 24 hours
- Please do not carry out strenuous physical exercise for 24 hours
- If you have been prescribed post-injection drops, use them as directed

## If you experience any of the following:

- Increasing redness, swelling or pain in the injected eye
- Loss of vision
- If you are concerned or have any questions

## Please contact the Ophthalmology Department:

Area 1, Level 0, Queen Elizabeth Hospital Birmingham, Mindelsohn Way, Edgbaston, Birmingham, B15 2GW Telephone: **0121 371 6476**, Monday–Friday, 9.00–16:30

## Birmingham and Midland Eye Centre: (Out-of-hours)

Sandwell and West Birmingham Hospitals NHS Trust Dudley Road, Birmingham, B18 7QH Telephone: **0121 554 3801** ask for Birmingham and Midland Eye Centre