

## **Nebuliser trial appointment**

A member of your medical team has requested a nebuliser trial. This request is usually made by a doctor that you have seen in the hospital or your GP.

### **Why am I having the test?**

Nebulised medication can be used in lung conditions where symptoms such as wheezing, breathlessness and chest tightness are not relieved by your usual inhalers. A nebuliser allows you to breathe in the medication through a mask or a mouth piece. The trial is carried out if you're not receiving adequate relief from inhaler therapy and will assess whether the nebuliser is beneficial to you.

### **What will happen during my appointments?**

You will have three appointments over five weeks but only one appointment where you need to attend the hospital; the other two will be telephone reviews.

#### **Appointment 1:**

You will visit the department to collect the equipment required for the nebuliser trial. Information on how and when to use these will be provided by a physiologist at the appointment. You will be instructed to complete a symptom diary for four weeks and then post it to us in the self-addressed envelope provided.

#### **Appointment 2:**

We will contact you after 2–4 weeks via telephone to review how the trial is progressing and any additional instructions.

#### **Appointment 3:**

We will telephone you once we receive the symptom diary and have reviewed your trial results.

### **Pre-test instructions**

Please contact us on the number below if you have had a recent chest infection within the last four weeks prior to the start of your trial. Please bring your usual medication and inhalers to the appointment.

### **What happens after the test?**

We will discuss the results of the trial with you and if it was beneficial we will inform your consultant or GP that we have issued you the nebuliser so that a prescription for the medication can be arranged. If the trial is not beneficial we will arrange a mutually convenient time to return the nebuliser, and we will inform your Consultant or G.P of the results.

### **Questions?**

If you have any questions or concerns, please do not hesitate to contact the department to discuss on 0121 371 3870.

## Information for Patients

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Lung Function  
Queen Elizabeth Hospital Birmingham

If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email [interpreting.service@uhb.nhs.uk](mailto:interpreting.service@uhb.nhs.uk).