



Guidance for Support partners overnight visits on Maternity wards

To support for individual needs, a husband or partner may be encouraged to visit overnight for a period of time relevant to the individual needs.

This will enable you to support your wife or partner with feeding and changing baby during the night and gain the advice and support from midwives and maternity support workers as needed. You should expect to be woken to provide this support. We would encourage that if support partners are tired, they go home and return the following day as we are unable to provide facilities for sleeping.

This will be discussed daily with the Midwifery Team Manager or shift co-ordinator. The support of the ward team will always be available. Please use the nurse call system if help is required at any time.

When visiting on the ward overnight we respectfully ask that the following is adhered to;

1. You are expected to remain suitably dressed at all times. Shoes or slippers must be worn when walking around the ward or when leaving the ward. Please do not use the patient bathroom facilities for showers or baths. Please use the designated visitor facilities on the ward or ground floor.

Please do not sleep or lie on the patient beds or on the floor. This helps prevent cross infection and reduces the risk of harm to patients, visitors, and staff.

2. You must not be under the influence of alcohol or drugs. If this is the case, you may be asked to leave.
3. Please be considerate of the needs and sensitivities of other mothers and babies on the ward at all times, particularly in shared rooms. Please keep noise and conversation to a minimum.
4. If you need to leave the ward after visiting hours, please try to return by 10:00 pm. We ask that you respect the ward's security and visiting policy. Please note that the designated support person cannot be changed between 10:00 pm and 6:00 am the following day.
5. If you or your wife/partner need assistance, please use the call bell to alert staff to attend to you. We ask that you refrain from walking around the ward as staff will come to you.
6. We do not provide any meals for husbands / partners. Please plan to provide your own meals during the day. You must refrain from eating food and meals provided for patients

There are a variety of shops and coffee shops within the grounds of the hospital for you to purchase food and drinks. Please ask a member of staff to direct you to the nearest one

We respectfully ask all visitors/ partners adhere to our requests. If partners/ visitors lie on the beds/ floor or are aggressive to staff either verbally or physically, you will be asked to leave the ward and security will be called.

We have worked with the maternity and Neonatal Voices Partnership (MNVP) to support 24 hour visiting to ensure that there is support for all families and we hope to work together with you to ensure that the experience for both patients and staff is optimised.

Department address and contact information:

University Hospitals Birmingham NHS Foundation Trust Maternity Department
0121 424 2729 (Monday – Friday, 9:00 AM – 5:00 PM)

Accessibility

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