

INHERITED METABOLIC DISORDERS



For general enquiries please call
Lindsey Fletcher-Jennings on:

0121 371 6987

Please note this is not an emergency helpline.

If you feel unwell please contact either your IMD Nurse or Dietitian during working hours using the contact details overleaf. They will advise on how to manage your condition at home or whether you need to come into hospital, and will discuss your problem with one of the consultants who can call you back if necessary.

In case of extreme emergency, please call an ambulance or attend the Emergency Department with a copy of your emergency regime (if required). Out of hours, please call the hospital switchboard on 0121 371 2000 and ask for the Inherited Metabolic Consultant on call.

We are continually trying to improve the service we offer to patients and always welcome informal feedback. You can offer feedback by phoning/emailing the clinic co-ordinator Kelly Watkins on

☎ 0121 371 6984

✉ imdteamqehb@uhb.nhs.uk

Adult Inherited Metabolic Disorders Service
Queen Elizabeth Hospital Birmingham
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Patient Information Leaflet

www.uhb.nhs.uk/crd-inherited-metabolic-diseases.htm

The Inherited Metabolic Disorders (IMD) service at University Hospitals Birmingham NHS Foundation Trust is based in the Centre for Rare Diseases in the Heritage Building (original Queen Elizabeth Hospital). It provides a clinical service for the diagnosis, assessment and treatment of adult patients with Inherited Metabolic Disorders.

We are a multi-disciplinary team led by IMD consultants alongside specialist dietitians, nurses, pharmacist, physiotherapist, IMD Service Coordinator, clinical psychologist, welfare officer, research nurse and secretary. The service is fully supported by other specialties including heart, liver, kidney, neurology and genetics. The adult IMD service is closely linked to Birmingham Women’s and Children’s Hospital (BWCH) IMD unit.

We look after adult patients from across the Midlands and South West England with Inherited Metabolic Disorders, including; carbohydrate, amino acid and fatty acid metabolism disorders, lysosomal storage diseases, mitochondrial diseases, organic acidaemias, urea cycle disorders and lipid disorders.

Contacting the team

We are available during normal working hours (08:00–16:00) to answer questions about your condition and to provide you with general support and advice. To speak to a member of the team, the best time to call is on Monday to Friday 08:00–16:00 via the secretary Lindsey Fletcher-Jennings.

IMD Consultants

Professor Tarek Hiwot
Consultant in IMD

Dr Charlotte Dawson
Consultant in IMD

Medical Secretary/PA

Lindsey Fletcher-Jennings

✉ uhb-imdteam@uhb.nhs.uk
☎ 0121 371 6987

If you have any questions for the consultants, please contact the Team’s Secretary, Lindsey Fletcher-Jennings, who will be able to assist.

Clinical Nurse Specialists

Sarah Steeds
✉ imdurses@uhb.nhs.uk
☎ 0121 371 6986
☎ 07766 421 855

Sandra Munyoro
✉ imdurses@uhb.nhs.uk
☎ 0121 371 6776

Specialist Dietitians

**Louise Robertson,
Sarah Howe, Clare Dale and
Leah Roberts** (Dietetic Assistant)
✉ imddietitians@uhb.nhs.net
☎ 0121 371 6989
☎ 07799 038 656

Pharmacy@QEHB

If you get regular medication dispense by us
☎ 0121 371 5479 / 0121 371 5480

Consultant Pharmacist

Antonio Ochoa-Ferraro
✉ antonio.ochoa-ferraro@uhb.nhs.uk
☎ 0121 371 6798
☎ 07766 504 437

IMD Service Coordinator

Kelly Watkins
✉ imdteamqehb@uhb.nhs.uk
☎ 0121 371 6984

Research Specialist Nurses

Vishy Veeranna
✉ vishy.veeranna@uhb.nhs.uk
☎ 0121 371 6694
☎ 07766 505 129

Rebekha Del Gaizo
✉ rebekha.delgaizo@uhb.nhs.uk
☎ 0121 371 6696
☎ 07557 759 440

Physiotherapists

Nicola Condon
✉ nicola.condon@uhb.nhs.uk
☎ 0121 371 6987

Rachel Curran
✉ rachel.curran@uhb.nhs.uk
☎ 0121 371 6987

Clinical Psychologist

Dr Pardis Hashmezadeh
✉ imdteamqehb@uhb.nhs.uk
☎ 0121 371 6987

One-Stop Clinic

Adults with Lysosomal Storage Disorders are offered a multi-disciplinary ‘one-stop’ clinic. The aim of the one-stop clinic is to concentrate necessary tests and clinical appointments into a single visit, usually lasting a whole morning, but occasionally requiring two separate visits on consecutive days. The frequency of the one-stop clinic is individually tailored to each patient and might vary between once a year to once every three years, with interim clinical appointments midway between the one-stop visits.

During your one-stop visit you may need to move between the Centre for Rare Diseases and the main hospital for your tests and appointments. If you require a wheelchair to take you between appointments, please let the team know before you arrive, so that we can make arrangements to acquire a chair and, if required, someone to accompany you. If you need adaptations, again, please let us know in advance of the clinic.

When you are booked on to a one-stop clinic, you will be advised of your individual test appointment times by the departments in which they occur.

Testing is individually tailored to each patient by the Consultants, so your personal schedule may vary from year to year. Please be aware that the actual appointment times for each test may change on the day depending on how busy the test department is. If you are delayed we ask that you contact the IMD co-ordinator using the number on your schedule to ensure that you don’t miss your medical appointments. You can call from any of the desks in the out-patients department.

