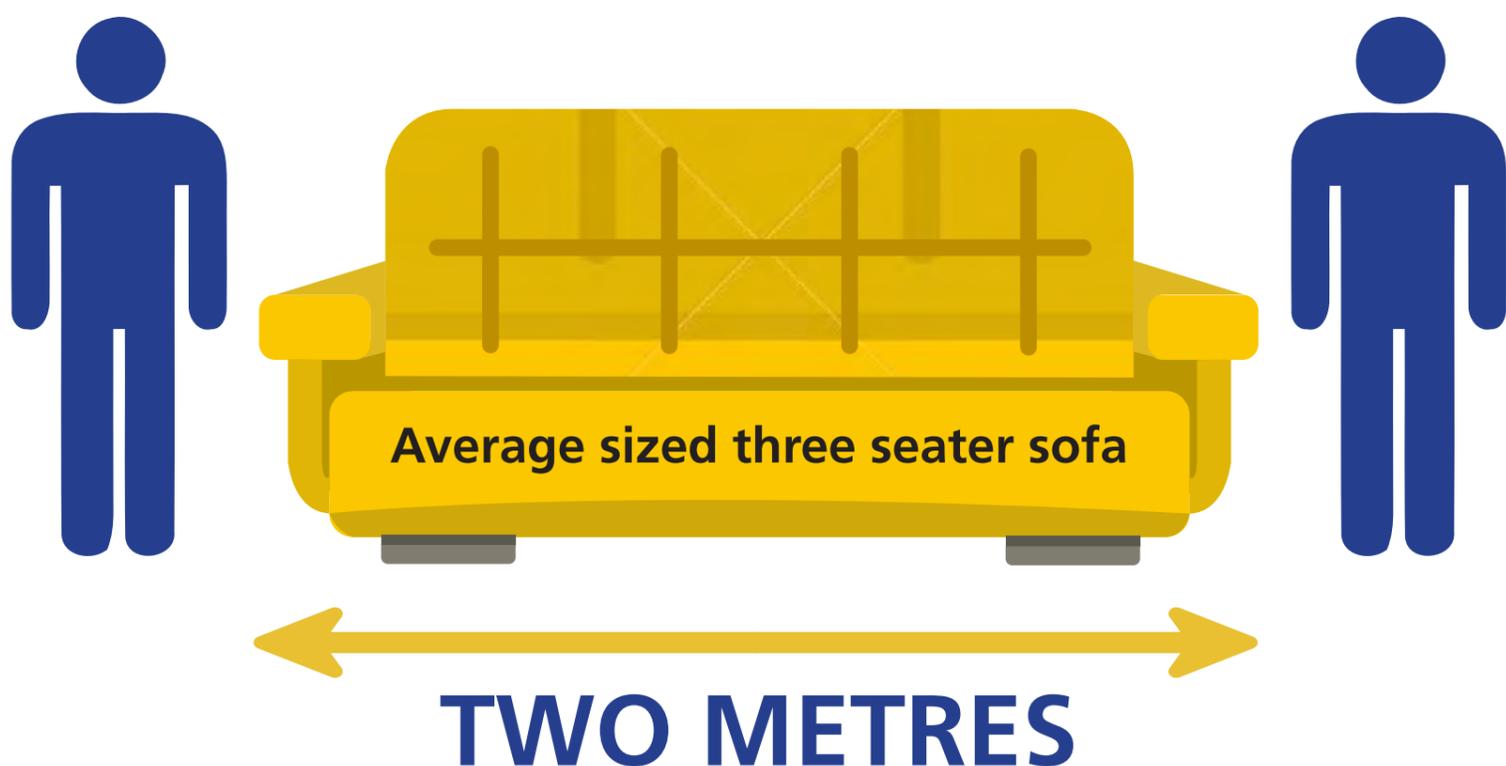


KITCHEN/BREAK ROOM ETIQUETTE

- Ensure you are at least **two metres** away from other individuals in the kitchen/break room
- **Wash your hands regularly** for at least 20 seconds, using water and soap
- Think before you enter: can I practise socially distancing (at least two metres apart from others)? If you can't, you may need to return at a quieter time
- Be mindful of spending too long in shared spaces – it may be better to eat your lunch out in the open or at your desk for the time being
- You may want to bring and use your own cutlery
- Wipe down surfaces and shared electronics, such as kettles and microwaves, before and after use
- Do not leave any food, drinks, dirty crockery or packaging in this room; wash items, put them away and dispose of rubbish in the bins provided
- Leave the room how you would like to find it – clean and tidy



ALWAYS PRACTISE GOOD HAND HYGIENE

