



Bronchoscopy with Sedation – Outpatient Information

Today you have had a procedure called a Bronchoscopy which allowed the doctor to directly examine your wind pipe (trachea) and the main airways of your lungs.

Because you have been given sedation for the test, it is important that you:

1. Rest quietly for the remainder of the day, with someone to look after you for 24 hours as you will still be affected by the sedative drug.
2. It is advisable to have the following day off work, but in any event for the first 24 hours following sedation **DO NOT**:
 - Drive a car
 - Drink alcohol
 - Take sleeping tablets
 - Operate any machinery or electrical items
 - Sign any legally binding documents
 - Work at heights (including climbing ladders or onto chairs)
 - Sedation can impair your reflexes and judgement.

You may have a slight nosebleed following your bronchoscopy. This is not unusual but if it persists or becomes severe, please telephone the unit on the number below for advice.

You may experience a sore throat or hoarse voice. This is not unusual, and should ease within a day or so. It is normal to cough up small amounts of blood after a bronchoscopy, particularly if you have had a biopsy taken (removal of a small piece of tissue).

If you develop any of the following:-

- Coughing up blood – more than an egg cupful
- pain on taking a deep breath
- high temperature
- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing no urine (in a day)
- Severe breathlessness
- Skin mottled or discoloured

You should go straight to A&E taking this letter with you.

To contact the Endoscopy Unit Nursing Team by telephone for advice:

Solihull Endoscopy Unit

Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays

0121 424 5394

Information for Patients

Heartlands Endoscopy Unit

Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays 0121 424 0438

Good Hope Hospital – Scoping Suite Treatment Centre

Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays 0121 424 9506

Queen Elizabeth Hospital Endoscopy Unit

Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays 0121 371 3833

An answer phone is available for you to leave your name, telephone number and message. We will return your call.

If your call is out of these hours and you require urgent medical advice, you can contact one of the following:

- Your own GP
- NHS Out of Hours – Telephone 111

Please note:

As with any test, the results given to you today cannot be guaranteed to be totally accurate, although the endoscopist performing the test has taken great care in reporting what he or she has seen.

A copy of the report will be sent to your GP or the doctor who referred you for the test. Any specimens that were taken will need to be reported on by the laboratory, which takes 10 – 14 days.

The results of any specimens taken are not sent back to the Endoscopy Unit, so please do not telephone us to find out the results.

PATIENT SATISFACTION SURVEY

Your Feedback is important to us. Please use the QR code below to complete our patient feedback survey, and let us know how we can improve our services for you.



If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email interpreting.service@uhb.nhs.uk.