Gastroscopy with Argon Plasma treatment discharge advice

For your procedure today you were either given a local anaesthetic throat spray or sedation. If you

were given a local anaesthetic throat spray, you should have nothing to eat and drink until _.

If you were given a sedative, you should follow the instructions given below:

Sedation can make you feel drowsy. Rest quietly for the remainder of the day, with someone to look after you for 24 hours as you will still be affected by the sedative drugs.

- It is advisable to have the following day off work, but in any event for the first 24 hours following sedation

Do not:

- Drive a car
- Drink alcohol
- Take sleeping tablets
- Operate any machinery or electrical items – even a kettle
- Sign any legally binding documents
- Work at heights (including climbing ladders or onto chairs)

If you experience severe pain, vomit blood, develop a high temperature, shortness of breath following your procedure, you should go direct to A&E taking this letter with you.

Sedation can impair your reflexes and judgement

1. You may have a sore throat for a short time after the test. This is normal, and should pass within a day.

2. During your procedure you were given Argon Plasma Coagulation treatment. This involves the use of a jet of argon gas which is used to destroy abnormal tissue and to seal of bleeding blood vessels. For the remainder of the day you should have cool fluids only.

3. For the following day, please have a soft diet. If this is well tolerated, you can then return back to a normal diet.

Please note:

As with any test, the results given to you today cannot be guaranteed to be totally accurate, although the endoscopist performing the test has taken great care in reporting what he or she has seen. A copy of the report will be sent to your GP in the next few days however, if you have had biopsies taken, the results could take up to 4 – 6 weeks.

If you have had biopsies (samples) taken, the results will be sent to your GP/Referring consultant and a letter will be sent to you directly. If you have not received your biopsy results within 8 weeks, please call the department that you had your test carried out who can look into this for you.

To contact us by telephone

If you have any problems or questions please use the numbers below to contact us:

Heartlands Endoscopy Unit
Monday to Friday 8:30 am to 5.30pm - Excluding Bank holidays 0121 424 0438

Good Hope Hospital - Scoping Suite Treatment Centre
Monday to Friday 8:30 am to 5.30 pm - Excluding Bank holidays 0121 424 9506

Queen Elizabeth Hospital Endoscopy Unit
Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays 0121 371 3833

An answer telephone is available for you to leave your name, telephone number and message. We will return your call.

If your call is out of these hours and you require urgent medical advice, you can contact one of the following:

- **Speak to an Endoscopy Nurse directly – phone 0121 424 2000 and ask to be put through to the Endoscopy Nurse on call**
- **Your own GP**
- **NHS Direct – Telephone 0845 4647**

Patient satisfaction survey

Your Feedback is important to us. Please use the QR code below to complete our patient feedback survey, and let us know how we can improve our services for you.

Accessibility

To view this information in a different language or use text-to-speech reader visit **www.uhb.nhs.uk,** click the yellow and black circular icon in the bottom right of the web page to open the ReachDeck toolbar and then use the search bar to search by the name of the leaflet. If you require this information in another format such as braille, please email **interpreting.service@uhb.nhs.uk**.

How did we do? ☺😐☹

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services.
Thank you. www.uhb.nhs.uk/fft