



## Gastroscopy with Sedation / General Anaesthetic (GA) Discharge Advice

Because you have been given something to make you drowsy for the test, it is important that you:

1. Rest quietly for the remainder of the day, with someone to look after you for 24 hours as you will still be affected by the sedative drugs.
2. It is advisable to have the following day off work, but in any event for the first 24 hours following sedation / general anaesthetic (GA).

### Do Not:

- Drive a car
- Drink alcohol
- Take sleeping tablets
- Operate any machinery or electrical items – even a kettle
- Sign any legally binding documents
- Work at heights (including climbing ladders or onto chairs)

### Sedation / General Anaesthetic (GA) can impair your reflexes and judgement

You may have a sore throat for a short time after the test. This is normal and should pass within a day.

### If you experience any of the following in the 24 hours after your test:

- Severe neck or shoulder pain
- Shortness of breath that is not normal to you
- Vomit any blood
- Difficulty swallowing other than because you have a sore throat
- A high temperature

Or if you have any problems or queries about your test please telephone the Endoscopy Unit or on call Endoscopy nurse on the numbers given below.

### To contact us by telephone:

If you have any problems or questions please use the numbers below to contact us:

#### Solihull Endoscopy Unit

Monday to Friday 8.30 am to 5.30 pm - Excluding Bank holidays

0121 424 5394

An answer telephone is available for you to leave your name, telephone number and message. We will return your call.

## Information for Patients

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### **Heartlands Endoscopy Unit**

**Monday to Friday 8:30 am to 5.30pm - Excluding Bank holidays** **0121 424 0438**

### **Good Hope Hospital - Scoping Suite Treatment Centre**

**Monday to Friday 8:30 am to 5.30 pm - Excluding Bank holidays** **0121 424 9506**

### **Queen Elizabeth Hospital Endoscopy Unit**

**Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays** **0121 371 3833**

An answer telephone is available for you to leave your name, telephone number and message. We will return your call.

**If your call is out of these hours and you require urgent medical advice, you can contact one of the following:**

- **Speak to an Endoscopy Nurse directly – phone 0121 424 2000 and ask to be put through to the Endoscopy Nurse on call**
- **Your own GP**
- **NHS Direct – Telephone 0845 4647**

**If you experience severe pain, vomit blood, develop a high temperature, shortness of breath following your procedure, you should go direct to A&E taking this letter with you.**

#### **Please note:**

As with any test, the results given to you today cannot be guaranteed to be totally accurate, although the endoscopist performing the test has taken great care in reporting what he or she has seen. A copy of the report will be sent to your GP in the next few days however, if you have had biopsies taken, the results could take up to 4 – 6 weeks.

If you have had biopsies (samples) taken, the results will be sent to your GP/Referring consultant and a letter will be sent to you directly. If you have not received your biopsy results within 8 weeks, please call the department that you had your test carried out who can look into this for you.

### **PATIENT SATISFACTION SURVEY**

**Your Feedback is important to us. Please use the QR code below to complete our patient feedback survey, and let us know how we can improve our services for you.**



## Information for Patients

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If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email [interpreting.service@uhb.nhs.uk](mailto:interpreting.service@uhb.nhs.uk).