



**University Hospitals Birmingham**  
NHS Foundation Trust



# UHB RESIDENT DOCTOR'S BULLETIN

February 2025

# *Table of* CONTENTS

- 01 Chief Registrar Message
  - 02 Communication Platforms
  - 03 Doctor Updates
  - 05 Education Events
  - 08 Interview of the Month
  - 09 Feedback & Submission Advice
- 



*Chief Registrars*  
**MONTHLY  
MESSAGE**



We would like to start February by saying thank you to all our Resident Doctors! Unsurprisingly, the unrelenting clinical work persists and with high numbers of staff sickness we are very grateful for the exceptionally hard work you have all been putting in.

February 24th is the release date for this year's Resident Doctor Wellbeing Survey. This is your opportunity to really inform the Trust Board about the aspects of your day that have the biggest impact, positively or negatively, on your wellbeing. We are finalising the details of this years questions and really look forward to your responses around what is working and what is not!

Individually, the Chief Registrars are also working on their own projects:

Helen: One of my projects is exploring how we can share up to date patient safety information with Resident Doctors from meeting such as the Patient Safety Investigation Review Group. Many thanks to all those who replied to my Whatsapp poll around how you would like to receive this kind of information I am working with the Patient Safety and Comms team and there should be more updates soon.

Mehreen: One of my projects is working on switching off nitrous in theatres and promote sustainability and green anesthesia and make it cylinder on demand.

Mo: Improving the handover process in Medicine at Good Hope. There has already been the introduction of an electronic register and the handover is being formalised with a seating plan and agend. The project will aim to go forwards to implement a "You Said, We Did" approached to allow raising of concerns and issues, and to match the RCP Future Hospitals blueprint for what a medical handover should entail.

We look forward to keeping you updated with both our ongoing and new projects and getting to know you all.

If you need to get in touch please don't hesitate, we will be delighted to hear from you [chiefregistrars@uhb.nhs.uk](mailto:chiefregistrars@uhb.nhs.uk)

*Best wishes  
Mehreen, Mo & Helen*

# Communication PLATFORMS

## Resident Doctor Wellbeing Officers

HGS

Darren Taylor - 07917599396

Nicola Poole - 07385223235

QE

Kerry Mulligan - 07464494492

Lydia Hemus - 07385223234



### Chief Registrar Announcement Channel

The Whatsapp channel provides trust updates relevant to doctors. This may be useful tips/updates on practical things, educational events, workforce drop-in sessions, opportunities to get involved in QIP or social events. Posts are only shared in working hours.

Scan the QR code to join the community!

### PME Dashboard on Moodle

The PME Dashboard on Moodle is an information page that has been designed by Doctors with Doctors in mind. It includes generic information about the Trust as well as grade specific information such as teaching timetables. Click [here](#) to view the PME Dashboard.

#### **Recent Updates**

All educational courses are housed on the PME Dashboard on Moodle, please visit

<https://www.moodle.uhb.nhs.uk/mod/page/view.php?id=70280&forceview=1>



### Medical Academy X page

Follow our Medical Academy X page - @UHBMedAcademy

The page will be used to share our vision and innovations, advertise events, workstreams as well as engage with partnership organisations, such as NHSE.

### Trickle

Trickle is a communication platform that is available as a mobile app, it is designed to give Doctors a place to voice their thoughts and concerns anonymously. It allows you to work collaboratively with your colleagues and the medical education team to make improvements and find suitable solutions.

Team ID: nhs-uhb

If you are experiencing issues with signing up, please contact [Trickle@uhb.nhs.uk](mailto:Trickle@uhb.nhs.uk)



# Doctor UPDATES

## FY1 Career Workshops

Career workshops for FY1 doctors are taking place throughout 2025. Spaces are filling up fast, book early to avoid disappointment.

If you have any queries about the workshop or need to reschedule, please email: [workshops@career-skills.co.uk](mailto:workshops@career-skills.co.uk)

### Booking links

Monday 3rd March 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096075494309>  
Tuesday 4th March 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096090138109>  
Friday 7th March 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096096798029>  
Wednesday 12th March 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096100117959>  
Monday 17th March 2025 2:00PM - 5:00PM <https://www.eventbrite.co.uk/e/1096130157809>  
Tuesday 18th March 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096132805729>  
Wednesday 26th March 2025 09:30AM - 12:30PM <https://www.eventbrite.co.uk/e/1096136546919>  
Thursday 27th March 2025 02:00PM - 05:00PM <https://www.eventbrite.co.uk/e/1096138813699>

## Wise Council

Do you want to play a part in creating a fairer and more inclusive culture?

The Wise Council offers members of staff the opportunity to participate in this seismic shift in how it feels to work here, bringing about the much-needed change to our culture.

To join the Wise Council to the Oversight Group you just need to [complete the online registration form](#).

Wise Council welcome sessions

- [Tuesday 11 February, 15:00-16:00](#)
- [Friday 14 February, 10:00-11:00](#)



## Library Update

NHS staff and students on placement in England have access to over 240 Oxford University Press medical and healthcare books online, courtesy of NHS England. Featured titles include: Oxford Handbook of General Practice, Oxford Textbook of Medicine and Oxford Handbook of Clinical Medicine. To find out more about how to access the collection visit:

<https://www.youtube.com/watch?v=PnQ9TqcQLQY>

## Trickle

Have you joined Trickle yet? Trickle is a dedicated platform for resident doctors at UHB to express their thoughts and concerns. Join Trickle to take a look at the latest workplace improvements. If you want to find out more about Trickle or are having trouble signing up, please contact [Trickle@uhb.nhs.uk](mailto:Trickle@uhb.nhs.uk)



**The employee  
voice app.**

[app.trickle.works](https://app.trickle.works)

**Doctors at UHB:**

See the latest  
workplace improvements.

Team ID: nhs-uhb



## Imaging Referrer Refresher

Moodle Link

<https://www.moodle.uhb.nhs.uk/course/view.php?id=1723>



# IMAGING REFERRER REFRESHER

## IMAGING

### Ionising Radiation (Medical Exposure) Regulations (IR(ME)R) Requirement

- All Healthcare Professionals who refer for Imaging
- MUST refresh learning every 3 years
- Referral errors can result in CQC reportable radiation incidents.

### Moodle Module

- Referrers for Examinations requiring Ionising Radiation Refresher
- Ensure you can inform patients about radiation risks
- Reduce Referrer radiation incidents

**Link:**  
<https://www.moodle.uhb.nhs.uk/course/view.php?id=1723>

**No Entry**

**Controlled Area**

**Accept**

**X rays when w light**

**CONTROL X-RAY**

**NOT**

# Education EVENTS

Did you know? Courses within the bulletin can also be found on Moodle - [click here.](#)

## Bristol Patient Safety conference 2025

14th May 2025 - Online



For more information regarding the event, please visit <https://bristolpatientsafety.com/>  
To register your interest for the poster competition, click [here](#)

## NeuroPRACTICE

# NEUROPRACTICE

Friday 28th February 2025 9:30 - 16:30, Sid Watkins Building of the Walton Centre Neurology NHS Foundation Trust

Courses are aimed at primary and secondary healthcare professionals and relevant to anyone seeing common neurological presentations (including GP's, A&E Doctors, resident doctors)

Website/Programme: <https://www.liverpool.ac.uk/neurosciences-research-unit/education/neuropactice/>  
Registration open from now: [NeuroPRACTICE February 2025](#)

## Fundamentals of Renal Care

10 weekly online sessions from 25th April to 27th June 2025

The course is designed to enable healthcare professionals to further develop their knowledge and skills in renal care.

For full course details, including course timetable, teaching team, fees and application form, please visit the webpage:

<https://www.essex.ac.uk/short-courses/Fundamentals-of-Renal-Care---Level-6>

<https://www.essex.ac.uk/short-courses/HS574/7/fundamentals-of-renal-care>

For more information or if you have any queries please email: [cpd@essex.ac.uk](mailto:cpd@essex.ac.uk)

## Oxford Ultrasound Course

Green Templeton College, Oxford - Thursday 24th April 2025

The course covers point-of-care ultrasound (lung, echo, FAST and vascular) through live scanning and interactive seminars.

If you have any questions or to confirm attendance, please contact [christopher.hillary5@nhs.net](mailto:christopher.hillary5@nhs.net)

See poster for more details:

[https://drive.google.com/file/d/1IZB720CvmlI9NXD3a\\_uURmYn4XDaWUPT/view?usp=sharing](https://drive.google.com/file/d/1IZB720CvmlI9NXD3a_uURmYn4XDaWUPT/view?usp=sharing)

# EVENTS

## MRCP PACES Course

[MRCP PACES courses](#) at Guy's Campus, London.

[1-Day Intensive course \(£429\)](#) - Various dates available

Seats are limited —secure your spot today! Please visit [www.bitepaces.com](http://www.bitepaces.com) or email us at [support@bitepaces.com](mailto:support@bitepaces.com) for more information.



## Coventry Neuro Sim

Thursday 13th March 2025 8:00 - 4:45pm  
CSB, University Hospital of Coventry & Warwickshire

Full programme consisting of lectures, workstations, and simulations. Topics include Hyperacute stroke management, TBI, postoperative neuro surgical emergencies.

For more information and to book, please visit:  
<https://www.mededcoventry.org/Courses/Anaesthetics/Neurosim>

## Cardiology Interview Course

Register now: <https://ascendcardiologyinterview.eventbrite.co.uk>

### ASCEND CARDIOLOGY ST4 INTERVIEW COURSE

Course Instructor



**DR CHENG KEN ONG**  
CARDIOLOGY REGISTRAR



Learn about:

**STRATEGIES** that helped Dr Ong secure full marks in his cardiology interview

**INSIGHTS** on what interviewers are looking for from an IMT interviewer

**CARDIOLOGY TOPICS** tested like challenging ECGs & must-know echo

**CAREER HEADSTART** for everyone seeking to pursue a career in cardiology



8 FEBRUARY  
9 AM - 4 PM



VIRTUAL



£100

# EVENTS

## Skills and Simulation Open Day

# SKILLS & SIMULATION OPEN DAY

Join us for an Open Day in each of our centres! Experience our facilities, discover our equipment library, engage with the team, and participate in an exciting escape room. Find out how we enhance medical training and improve patient care. Don't miss the opportunity to learn and connect!



9am - 3pm

**04 MARCH, CLINICAL SKILLS QUEEN  
ELIZABETH HOSPITAL (MAIN BUILDING)**



9am - 3pm

**17TH MARCH, CLINICAL SKILLS  
HEARTLANDS HOSPITAL**



9am - 3pm

**24TH MARCH, CLINICAL SKILLS  
GOOD HOPE**

Refreshments  
available, register  
your interest  
via the QR Code



## BSACI - Annual Conference

16th - 18th October 2025

Please see flyer -

[https://drive.google.com/file/d/1FGlID\\_5gJE\\_E8ZsZBKE1FDBdHLG1U2PO/view?usp=sharing](https://drive.google.com/file/d/1FGlID_5gJE_E8ZsZBKE1FDBdHLG1U2PO/view?usp=sharing)

**BSACI**  
Improving Allergy Care  
through education, training and research

# INTERVIEW OF THE MONTH

Dr Ruchi Chung  
Consultant Geriatrician and  
Foundation Training  
Programme Director



Question 1: What inspired you to become a consultant Geriatrician?

Holistic approach to a patient and being involved in complex discharge planning influenced my decision to become a geriatrician. MDT work is very fulfilling!

Question 2: If you could give a resident doctor wanting to get a career in geriatric medicine, one piece of advice, what would it be and why?

Make sure you love the specialty you choose. You don't have to like it everyday as long as you love it overall.

Question 3: What are you passionate about?

Resident doctors' wellbeing and experience.

Question 4: What are you most proud of?

The team I work with. Very dedicated and caring bunch.

Question 5: What is on your bucket list?

So many places to travel around the world - Bali and Vietnam to name a couple!

Question 6: How would you spend your perfect day off?

Lie in followed by long walk leading to loads of food with friends and/or family!

### Submission Guidelines

The bulletin is published by the Postgraduate Medical Education Team and the content is curated with Doctors in mind. We focus on courses, training, relevant updates, and social events. The content in the bulletin has been copied and summarised from the main sources to provide you with brief headlines and the option to access more information if available.

Please ensure that your announcements are concise and limited to around 150 words. We retain the right to edit the content prior to circulation to maintain brevity. Some announcements are not suitable for distribution on the bulletin. We will get in touch if this is the case.

Finally, please include links to external websites if extra information is available and exceeds the word limit as we will not be attaching PDF documents to the bulletin.

Please email your material to Ms. Molly Russon at [molly.russon@uhb.nhs.uk](mailto:molly.russon@uhb.nhs.uk)



Telephone: 0121 424 7305

Email: [Molly.russon@uhb.nhs.uk](mailto:Molly.russon@uhb.nhs.uk)

*feedback*

Let us know what you think of the bulletin, we'd love to hear from you!

[Click here!](#)