



Trans – Nasal Endoscopy without Sedation – Discharge Advice

You may feel a little unsteady for a while, but this will soon settle.

You have been given a local anaesthetic throat spray, and should have nothing to eat and drink until _____. After this you may eat and drink normally.

You may have a sore throat for a short time after the test. This should pass within a day. If you experience any of the following in the 24 hours after your test:

- Severe neck or shoulder pain
- Shortness of breath that is not normal to you
- Vomit any blood
- Excessive nasal bleeding
- Difficulty swallowing other than because you have a sore throat
- A high temperature

Or if you have any problems or queries about your test please telephone the Endoscopy unit or the on call endoscopy nurse on the numbers given below.

Please note:

As with any test, the results given to you today cannot be guaranteed to be totally accurate, although the endoscopist performing the test has taken great care in reporting what he or she has seen. A copy of the report will be sent to your GP in the next few days however, if you have had biopsies (samples) taken, the results could take up to 4 – 6 weeks.

If you have had biopsies taken, the results will be sent to your GP/referring consultant and a letter will be sent to you directly. If you have not received your biopsy results within 8 weeks, please contact the department where your test was carried out so they can follow this up for you.

To contact us by telephone:

If you have any problems or questions, please use the numbers below to contact us:

Solihull Endoscopy unit

Monday to Friday 8.30 am to 5.30 pm - Excluding Bank holidays **0121 424 5394**

An answer telephone is available for you to leave your name, telephone number and message. We will return your call.

Heartlands Hospital Endoscopy unit

Monday to Friday 8:30 am to 5.30pm - Excluding Bank holidays **0121 424 0438**

Good Hope Hospital - Scoping Suite Treatment Centre
Monday to Friday 8:30 am to 5.30 pm - Excluding Bank holidays **0121 424 9506**

Queen Elizabeth Hospital Endoscopy unit
Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holidays **0121 371 3833**

An answer telephone is available for you to leave your name, telephone number and message.
We will return your call.

If your call is out of these hours and you require urgent medical advice, you can contact one of the following:

- **Speak to an Endoscopy nurse directly – phone 0121 424 2000 and ask to be put through to the endoscopy nurse on call**
- **Your own GP**
- **NHS Direct – Telephone 111**

If you experience severe pain, vomit blood, develop a high temperature, shortness of breath following your procedure, you should go direct to A&E taking this letter with you.

Accessibility

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