



LOW PAPP-A (Pregnancy associated plasma protein A) Result in Pregnancy

You are receiving this information leaflet with an accompanying letter for an appointment with your consultant, as one of the pregnancy hormones called PAPP-A levels in your blood test have been found to be low.

What is PAPP-A?

PAPP-A is a pregnancy hormone that is tested as a part of the 1st trimester screening test that you have chosen to have.

At University Hospitals Birmingham, all eligible pregnant women are offered 1st trimester screening tests. Part of this screening involves taking a blood sample to analyse for the pregnancy hormone HCG (Human Chorionic Gonadotrophin) and a pregnancy protein called PAPP-A (Pregnancy Associated Plasma Protein-A).

Your chance of having a baby affected with Down's, Edwards' or Patau's syndromes is calculated using your age and:

- The measurement of the fluid at the back of your baby's neck, known as the nuchal translucency (NT), which is done during your early pregnancy dating scan
- The levels of the two pregnancy hormones (free Beta HCG & PAPP-A), which is by a blood test at the dating scan appointment

Based on the above, your screening test result for Down's, Edward's or Patau's syndrome has been reported as low risk. However, the level of the PAPP-A hormone is slightly lower than average.

Why is PAPP-A important?

Studies have shown that low PAPP-A may be associated with low birth weight babies and need for early deliveries. Because of this, national guidelines suggest that extra scans should be considered to check the growth of babies when a low PAPP-A level has been found.

What happens next?

You will be advised to take low dose Aspirin 150mg once a day from 12 weeks of pregnancy until the birth of the baby. We will be sending you the prescription for the same in the post along with a leaflet.

We will arrange regular scans to monitor the baby's growth and well being throughout your pregnancy. You will receive the scan appointments through the post.

If you were previously booked under low risk midwifery-led care, you will now be transferred to Consultant-led care.

If you are already booked under Consultant led care and there were no regular growth scans planned during the pregnancy, these will now be arranged and appointments will be sent via the post.

The scans will be offered monthly starting from around 28 week's gestation. This allows us to assess whether your baby is continuing to grow to its full potential. We will arrange for a Consultant clinic review appointment at 36 weeks.

It is important that you also continue to see your community midwife at regular intervals to ensure your pregnancy is progressing well. If your community midwife has any concerns, you will be referred to the hospital sooner.

If you have any questions regarding this information, please contact the Antenatal and Newborn Screening Team on **0121 424 0928**.

Reference:

Royal college of Obstetricians and Gynaecologists (RCOG)
Green Top Guideline 31 Small for gestational age fetus, investigation and management

Useful Telephone Numbers:

| | |
|----------------------------|----------------------------|
| Heartlands Hospital | 0121 424 0928/ 0730 |
| Solihull Hospital | 0121 424 4382 |
| Good Hope Hospital | 0121 424 9622 |

Accessibility

To view this information in a different language or use the text-to-speech reader visit www.uhb.nhs.uk, click the yellow and black circular icon in the bottom right of the web page to open the ReachDeck toolbar and then use the search bar to search by the name of the leaflet. If you require this information in another format such as braille or audio please email interpreting.service@uhb.nhs.uk.



How did we do? 😊 😐 😞

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services. Thank you! www.uhb.nhs.uk/fft

