



## Nebuliser Trial Appointment

A member of your medical team has requested a nebuliser trial. This request is usually made by a doctor that you have seen in the hospital or your G.P.

### Why am I having the test?

Nebulised medication can be used in lung conditions where symptoms such as wheezing, breathlessness and chest tightness are not relieved by your usual inhalers. A nebuliser allows you to breath in the medication through a mask or a mouth piece. The trial is carried out if you're not receiving adequate relief from inhaler therapy and will assess whether the nebuliser is beneficial to you.

### What will happen during my appointments?

You will have 3 appointments over 5 weeks but only one appointment where you need to attend the hospital; the other two will be telephone reviews.

**Appointment 1:** You will visit the department to collect the equipment required for the nebuliser trial. Information on how and when to use these will be provided by a physiologist at the appointment. You will be instructed to complete a symptom diary for 4 weeks and then post it to us in the self-addressed envelope provided

**Appointment 2:** We will contact you after 2-4 weeks via telephone to review how the trial is progressing and any additional instructions

**Appointment 3:** We will telephone you once we receive the symptom diary and have reviewed your trial results

### Pre-test instructions

Please contact us on the number below if you have had a recent chest infection within the last 4 weeks prior to the start of your trial. Please bring your usual medication and inhalers to the appointment.

### What happens after the test?

We will discuss the results of the trial with you and if it was beneficial we will inform your consultant or GP that we have issued you the nebuliser so that a prescription for the medication can be arranged. If the trial is not beneficial, we will arrange a mutually convenient time to return the nebuliser, and we will inform your Consultant or G.P of the results.

### Questions?

If you have any questions or concerns, please do not hesitate to contact the department to discuss on 0121 371 3870.

---

## Accessibility

To view this information in a different language or use text-to-speech reader visit [www.uhb.nhs.uk](http://www.uhb.nhs.uk), click the yellow and black circular icon in the bottom right of the web page to open the ReachDeck toolbar and then use the search bar to search by the name of the leaflet. If you require this information in another format such as braille, please email [interpreting.service@uhb.nhs.uk](mailto:interpreting.service@uhb.nhs.uk).



## How did we do? 😊😐🙁

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services. **Thank you.** [www.uhb.nhs.uk/fft](http://www.uhb.nhs.uk/fft)

