



University Hospitals Birmingham
NHS Foundation Trust



UHB RESIDENT DOCTORS' BULLETIN

April 2025

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Chief Registrars MONTHLY MESSAGE



Welcome to April!

We hope those celebrating over recent days had a joyous Eid-ul-Fitr and as we continue into April that those celebrating have a wonderful Easter.

As you may have noticed March has been filled with encouragement (pestering!) regarding the 2025 Doctors Wellbeing Survey for Resident Doctors at UHB and we are so incredibly grateful for the number of you taking the time to respond. We received over 540 responses. We appreciate that this survey is neither short nor easy and we are so thankful that you took the time to share your views. We will be spending the coming weeks analysing the data and are very hopeful that we will be ready to present you with the results and action plans in May.

Out of the 2023 wellbeing survey that was based at QE our 2023-24 Chief Registrars established a group called the Doctors Wellbeing Group which is a Quality Improvement group for Resident Doctors to work on QI work that supports Resident Doctor Wellbeing. There are a number of projects all with Consultant supervision and we are currently looking for new members to support with this work. Please join the UHB Doctors Announcement WhatsApp group and keep an eye over the next week or so for opportunities to join these projects (if WhatsApp is not your thing, please email the Chief Registrar email address, and we will be happy to help).

Thanks again for all your hard work!

Scan the QR code to join the
Chief Registrar WhatsApp
Announcement Channel



If you need to get in touch please don't hesitate, we will be delighted to hear from you - chiefregistrars@uhb.nhs.uk

*Best wishes
Mehreen, Mo & Helen*

Communication PLATFORMS

Resident Doctor Wellbeing Officers

HGS

Darren Taylor - 07917599396
Nicola Poole - 07385223235

QE

Kerry Mulligan - 07464494492
Lydia Hemus - 07385223234

Chief Registrar Announcement Channel

The Whatsapp channel provides trust updates relevant to doctors. This may be useful tips/updates on practical things, educational events, workforce drop-in sessions, opportunities to get involved in QIP or social events. Posts are only shared in working hours.

Scan the QR code to join the community!

PME Dashboard on Moodle

The PME Dashboard on Moodle is an information page that has been designed by Doctors with Doctors in mind. It includes generic information about the Trust as well as grade specific information such as teaching timetables. Click [here](#) to view the PME Dashboard.

WHATS
NEW

Medical Academy X page

Follow our Medical Academy X page - @UHBMedAcademy

The page will be used to share our vision and innovations, advertise events, workstreams as well as engage with partnership organisations, such as NHSE.

Trickle

Trickle is a communication platform that is available as a mobile app, it is designed to give Doctors a place to voice their thoughts and concerns anonymously. It allows you to work collaboratively with your colleagues and the medical education team to make improvements and find suitable solutions.

Team ID: nhs-uhb

If you are experiencing issues with signing up, please contact Trickle@uhb.nhs.uk



Doctor UPDATES

Applications for the Chief Registrar (2025-26) are now open!

Are you an ST4+ (LED or DiT) or equivalent and have a passion for leadership and management, this opportunity could be perfect for you!

For more details, contact chiefregistrars@uhb.nhs.uk

To apply, please visit [click here!](#)



GMC National Training Survey 2025

The National Training Survey and the National Trainer Survey have been formulated for the GMC to gain insight into postgraduate medical education in the UK and to establish which areas of training are working well and where improvements can be made.

The survey is open until Tuesday 29 April 2025 and can be completed [here](#).

Visit gmc-uk.org/nts and log-in to your [GMC Online](#) account to take part.
[Resources and briefings archive - GMC](#)

NATIONAL TRAINING SURVEY

Every voice counts. The GMC's survey for trainees and trainers is now live. Please take part before **Tuesday 29 April**.

The Medical Concerns Process

An individual can use the [following link](#) (from a UHB email account) to submit their concerns. Receipt will be acknowledged to assure you that the submission will be progressed as you may not receive notification of what happens in line with confidentiality requirements we must adhere to. Using this process does not prevent anyone using other established mechanisms for raising concerns but aims to manage medical concerns, including concerns about the welfare of colleagues, in a fair and consistent manner. The RO Advisory Group will meet at least monthly, and its members include Prof Kiran Patel, CMO and Responsible Officer, Deputy CMOs, Hospital Medical Directors, and professional regulation leads (medical and corporate).

Doctor UPDATES

Professional Support and Wellbeing (PSW) Midlands Update

For Doctors in Training (DiT)

New online regional referral forms have replaced paper-based forms.

- Midlands PSW Website: [Accessing support - The Referral Form](#)
- WM PSW Website: Will be updated shortly with a Midlands PSW link – Please refer to website above.
- Direct link to the online PSW Midlands referral form: [Click here](#)
- Direct link to Confidentiality Agreement: [Click here](#)

All PSW queries should be sent to the new PSW inbox: england.psw.mid@nhs.net

Interpreting services

Did you know that interpreters, including BSL, can be booked for our patients 24/7 and at weekends?

Please contact the interpreting services team between 08:00 - 16:30, Monday -Friday.

Tel: ext. 41331

Email: HEFTInterpreting.Servicesemail@uhb.nhs.uk

Outside these times, please contact:

Word360 on 0121 554 1981 or 0203 322 6365

Follow the simple process outlined on the intranet for instant telephone or video interpreting support.

Knowledgeshare Current Awareness

Knowledgeshare Current Awareness is a personalised service that sends you the latest research, articles, and other resources relevant to your interests, including Education and Training.

For more information please visit the PME Dashboard on Moodle - https://www.uhblibrary.co.uk/current_awareness



NHS staff discount at the Jam House

50% discount with the below codes:

Omar: 17 April, discount code - Omar1750

Desmond Dekker's Aces: 22 May, discount code - Aces 2250

[Birmingham -
The Jam House](#)

Doctor UPDATES

Less Than Full Time (LTFT) Training at UHB



X-Ray Reporting Requests

- Current bleep service (3819) for expediting x-ray reporting requests will be discontinued on Monday 12th May.
- To expedite x-ray reports staff will need to email xrayreporting@uhb.nhs.uk
- The email address will be monitored between Mon-Fri 9-5 and x-ray reports will be prioritised in order of urgency.
- As before, any urgent x-ray reporting requests outside these hours should go through the duty Radiology Registrar. Non-urgent reporting requests will be picked up by the team in their next reporting session.

Please contact Matthew Conroy (matthew.conroy@uhb.nhs.uk) if you would like more information about this change.

Emergency Physician's ECG Course (EPEC)

16th June 2025



To book onto the course and for more information, please visit <https://rcem.ac.uk/events/emergency-physicians-ecg-course-epec-3/>

NHS Endoscopy Conference

1st May 2025 - 15 Hatfields Conference Centre, London

This event brings together NHS professionals and clinical leaders to explore solutions to critical challenges in endoscopy, including workforce shortages, outdated infrastructure, and emerging technologies.

Register today to secure your attendance - <https://www.convenzis.co.uk/events/nhs-endoscopy-conference-beyond-the-device>

Bristol Patient Safety Conference

14th May 2025

For more information regarding the event, please visit <https://bristolpatientsafety.com/>



Royal College of Pathologists' Foundation Essay Prize - deadline 12th May

[Hugh Platt Foundation Essay Prize](#) offers doctors the chance to take an in-depth look at a particular aspect of pathology through a written piece. This year's essay question centres around innovation in pathology. The winner will be awarded £250, will have their essay published on our website and in the College magazine.

Find out more about how to enter and view the essay question on their website - <https://url.uk.m.mimecastprotect.com/s/nN5nCrgGpl37WOWc7fWS4f6W1?domain=rcpath.org>

If you have any questions about the Essay Competitions, please contact publicengagement@rcpath.org

West Midlands Physicians Association Conference

Friday 16th May 2025

Midland Metropolitan University Hospital, Birmingham

 Submission Deadline: 19th April 2025

 To register for the event: <https://www.millbrook-events.co.uk/event/WMPA-Health-Inequalities/summary>

 To submit an abstract: <https://www.millbrook-events.co.uk/event/WMPA-Health-Inequalities/abstracts>

Education EVENTS

MRCP PACES Course

1-Day Intensive Course (£429 £499):

- 16 patients, focused on exams and consultations
- Mini mock included
- Dates: May 31st, Jun 21st, Jul 5th
- If your exam date falls before the course, we will offer you a free transfer or full refund

3-Day Comprehensive Course (£999 £1099):

- All stations covered with extensive feedback from examiners
- Mini mock included
- Dates: 30th May - 1st Jun, 20th Jun - 22nd Jun
- If your exam date falls before the course, we will offer you a free transfer or full refund

Seats are limited - secure your spot today! Please visit www.bitepaces.com or email us at support@bitepaces.com for more information.

Essential Radiology for Resident Doctors

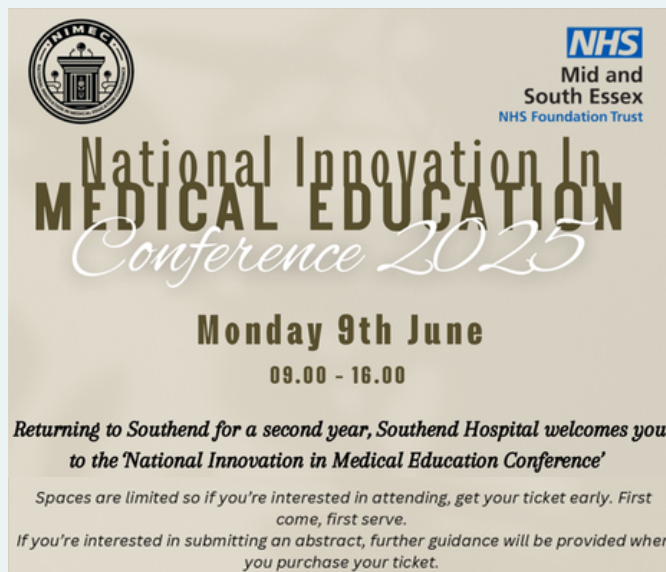
Saturday 17th May 2025

Live webinar course, recording available online following the event.

10% discount using code JUNIOR10 when registering.

For more information and to book, please visit www.londonradiologycourses.com

National Innovation in Medical Education



The poster features the IMECE logo on the left and the NHS Mid and South Essex NHS Foundation Trust logo on the right. The main text reads 'National Innovation in MEDICAL EDUCATION Conference 2025' in a mix of bold serif and script fonts. Below this, it says 'Monday 9th June' and '09.00 - 16.00'. At the bottom, a quote from Southend Hospital is included, along with information about limited spaces and abstract submission.

IMECE

NHS
Mid and
South Essex
NHS Foundation Trust

**National Innovation in
MEDICAL EDUCATION
Conference 2025**

Monday 9th June
09.00 - 16.00

*Returning to Southend for a second year, Southend Hospital welcomes you
to the National Innovation in Medical Education Conference'*

Spaces are limited so if you're interested in attending, get your ticket early. First
come, first serve.

If you're interested in submitting an abstract, further guidance will be provided when
you purchase your ticket.

For more information
and to book, please
scan the QR code
below:



Education EVENTS

Wolverhampton Emergency and Critical Care Echocardiography Course

Wolverhampton Emergency and Critical Care Echocardiography Course

Course Director: Dr. Cyril Jacob Chacko
Date: Thursday 22nd May 2025
Venue: Clinical Skills & Resuscitation Dept
Wolverhampton Medical Institute
New Cross Hospital

Basic physics - Ultrasound machine demonstration - Knobology - Image acquisition and optimization - Sonoanatomy - Live demonstration of basic echo views - Common pathologies and Interesting cases - Hands-on sessions - FUSIC accreditation process

Syllabus

Focused Ultrasound in Intensive Care (FUSIC) covering modules of FUSIC Heart and Lung

To register, scan the QR code:

Email: rwht.clinicalskillsdepartment@nhs.net



INTERVIEW OF THE MONTH

Dr Tobassum Shoaib
Consultant Obstetrician and
Gynaecologist
RCOG Tutor



Question 1: What influenced you to become a Royal College of Obstetricians & Gynaecologists Tutor?

I have always been passionate about education and mentorship, and I strongly believe in providing training in to obstetricians and gynaecologists through structured training. Becoming an RCOG Tutor allowed me to contribute directly to high-quality teaching, provide support to trainees, and enhance learning opportunities.

Question 2: If you could give a resident doctor wanting to get a career in Obs & Gynae, one piece of advice, what would it be and why?

Be committed and adaptive to changes in the field. Obstetrics and Gynaecology is a highly demanding specialty that requires resilience, teamwork, and strong communication skills. The patients are our books, respect them at every encounter and demonstrate empathy. Technical skills are very essential in this field and take advantage of simulation training, as hands-on experience is invaluable.

Question 3: What are you passionate about?

I am passionate about introduction of simulation based training at UHB and creation of structured training programmes.

Question 4: What are you most proud of?

I am proud to have introduced simulation courses at UHB, funded by the education department. This initiative allows trainees to practice complex procedures and manage obstetric and gynaecological emergencies in a controlled setting.

Question 5: What is on your bucket list?

Professionally, I would love to expand the simulation training program further, integrating technology such as virtual reality and AI-assisted learning.

Question 6: How would you spend your perfect day off?

A perfect day off will be a balance of relaxation with my family, excursion and having nice food in a restaurant with my family/friends.

Submission Guidelines

The bulletin is published by the Postgraduate Projects Team and the content is curated with Doctors in mind. We focus on courses, training, relevant updates, and social events. The content in the bulletin has been copied and summarised from the main sources to provide you with brief headlines and the option to access more information if available.

Please ensure that your announcements are concise and limited to around 150 words. We retain the right to edit the content prior to circulation to maintain brevity. Some announcements are not suitable for distribution on the bulletin. We will get in touch if this is the case.

Finally, please include links to external websites if extra information is available and exceeds the word limit.

Please email your material to Ms. Molly Russon at molly.russon@uhb.nhs.uk



Telephone: 0121 424 7305

Email: Molly.russon@uhb.nhs.uk

feedback

Let us know what you think of the bulletin, we'd love to hear from you!

[Click here!](#)