

# Efudix (5-Fluorouracil) Cream

Efudix cream contains an anti-cancer drug called 5-Fluourouracil. You should use this leaflet in conjunction with the package insert.

### **Instructions**

Apply the cream thinly over the affected area and 1cm around it as directed in the table below:

How often should I apply the cream?	How long should I use it for?	Where should I apply it?	Should I use anything else during or after the course of treatment?
☐ Once a day or ☐ Twice a day or	☐ Two weeks or ☐ Four weeks or		☐ A light moisturiser such as Simple or ☐ Eumovate cream or

- Do not cover the area being treated unless you have been specifically advised to
- If many areas need to be treated, it is often more comfortable to treat one area at a time. The largest area that should be treated in one go is the equivalent to two palms. When treating large areas you may find that new lesions become inflamed these are areas of sun-damage that are detected by the cream
- You can wash the area gently with lukewarm tap water and pat dry. Avoid soaps

### What to expect

Side-effects are common and indicate the cream is working. Typically redness, flaking and soreness will develop by the end of the first week. You should continue to apply the cream if there is a mild reaction. You should stop the cream if:

- The reaction causes excessive discomfort
- There is scabbing
- Skin break down (an ulcer) develops for example, if the area looks like a 'cold sore'
- There is pus (this might suggest infection and it is best to see your dermatologist or GP as you may need antibiotics)

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## **Information for Patients**

Sometimes your dermatologist may recommend restarting the cream but using less frequently, once the side effects have settled.

### After treatment

Once you have completed the course, the redness will take 4–12 weeks to settle. If a scab has formed, apply Vaseline twice a day to allow it to separate naturally. Do not pick it.

Occasionally skin lesions need a further cycle of treatment, do not respond or recur. If this happens, your doctor may ask you to return to the clinic for assessment.

### **Contact details**

Department of Dermatology 0121 371 5469

#### **Dermatology**

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If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email patientexperience@uhb.nhs.uk.

Pl23/1234/07 Leaflet title: Efudix (5-Fluorouracil) Cream Page 2 of 2

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