

Home nebuliser assessment – symptoms diary card

Name:								Date issued:							
Hospital number:								Trial: 2 weeks ☐ or 4 weeks ☐							
Week 1 and week 2															
Date															Mean
Is your breathing: 0 = Excellent 1 = Good 2 = Usual 3 = Worse															
How well do you feel: 0 = Excellent 1 = Good 2 = Usual 3 = Worse															
Did you cough: 0 = Rarely 1 = Occasionally 2 = Frequently 3 = Persistently															

Instructions:

Please fill in the diary card at the end of every day. Rank how your breathing was, how you felt, and did you cough based on the key below:

0 = Rarely 1 = Occasionally 2 = Frequently 3 = Persistently

This will be used to evaluate whether your symptoms have improved while using the nebuliser. Have this with you during your end of trial telephone appointment.

If you require any help during your trial, please contact us on:
0121 371 3870 or via our email: **NebuliserEnquiries@uhb.nhs.uk**

Accessibility

To view this information in a different language or use text-to-speech reader visit **www.uhb.nhs.uk**, click the yellow and black circular icon in the bottom right of the web page to open the ReachDeck toolbar and then use the search bar to search by the name of the leaflet. If you require this information in another format such as braille, please email interpreting.service@uhb.nhs.uk.



How did we do? 😊 😐 😞

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services. **Thank you. www.uhb.nhs.uk/fft**

