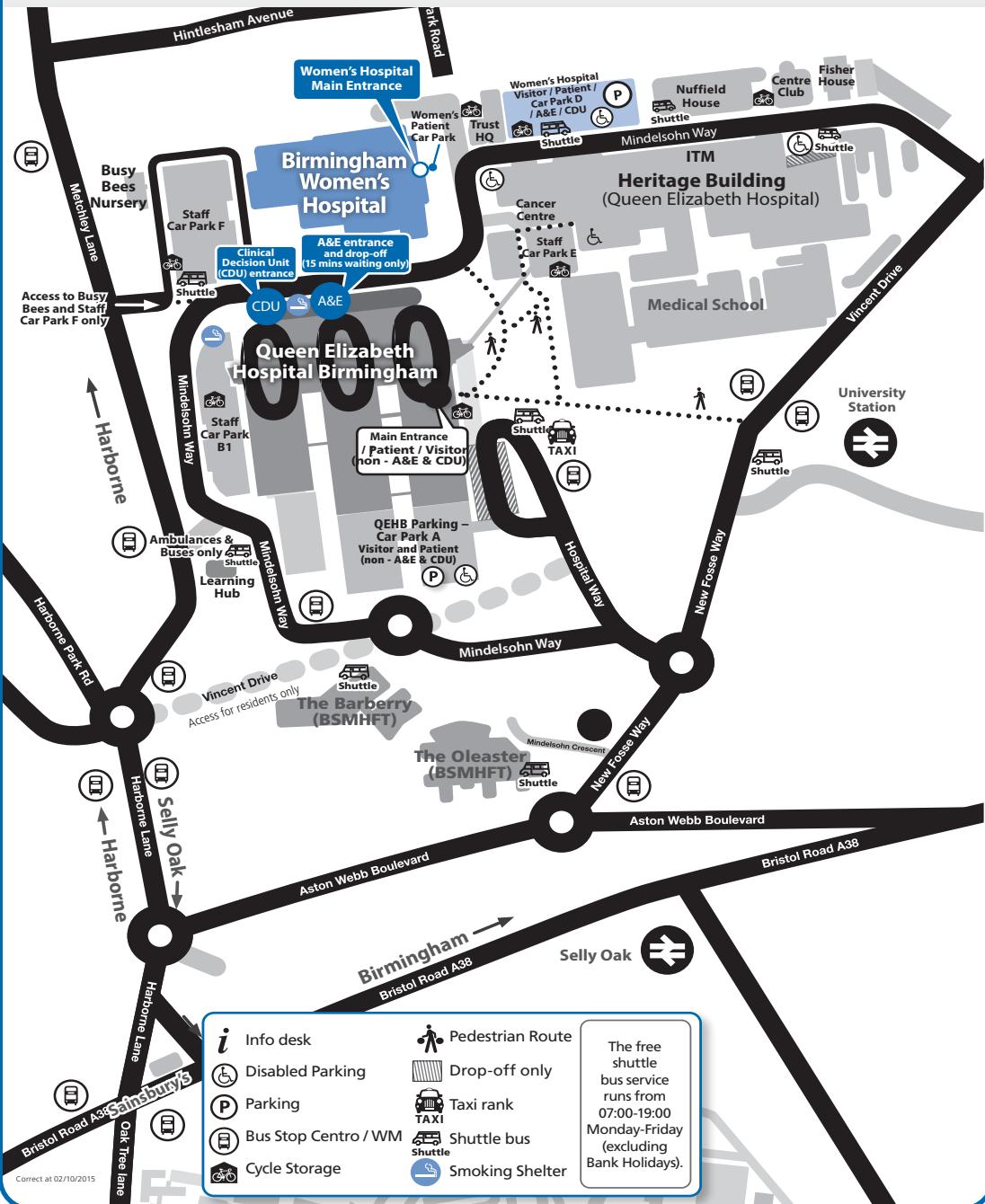


## Site map



Birmingham Women's and Children's  
NHS Foundation Trust



**NHS**  
University Hospitals Birmingham  
NHS Foundation Trust



PI24/0340/10  
Author: Breast Care  
Date: November 2024  
Review Date: November 2026

UHB is a no smoking Trust

## Why have I been called back?

After a visit for routine breast screening, some people are recalled to the Breast Assessment Centre for further assessment. This is usually because we need to take some X-rays of the breast from different angles, which we are unable to perform at the time of screening.

## Before your next appointment

Please remember not to use any spray deodorants, talc, creams or perfumed sprays on your breast. Roll on deodorant may be used.

## What will happen at the Breast Assessment Centre?

A visit to the Breast Assessment Centre takes approximately one hour. You are welcome to bring your partner or a friend with you.

Further X-rays of your breast may be taken and you will also be examined by a doctor or specialist nurse. Please wear clothing which is comfortable yet easy to undress for this examination.

This may be all that is necessary. Sometimes a painless ultrasound scan is done and very occasionally we need to take samples of tissue from the breast.

Every patient is given the opportunity to discuss any breast problem with the Breast Clinical Nurse Specialist.

## Will I need to come again?

In most cases further X-rays and examination of the breast is all that is necessary for our team to be able to reassure you that all is well. You will then be called for routine screening in three years time.

If a sample of tissue has been taken, we will make another appointment for you to come and discuss the results with the team.

We hope that you find your visit to the Breast Assessment Centre reassuring, but if you have any worries or questions, please feel free to telephone us Monday-Friday between 9.00am and 5.00pm on:

### **Screening office:**

0121 335 8050

### **Breast Clinical Nurse Specialist:**

0121 371 4499

If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email

**[interpreting.service@uhb.nhs.uk](mailto:interpreting.service@uhb.nhs.uk)**