

## Welcome to our Rainbow Placenta Clinic

### What is a Rainbow clinic?

The term Rainbow clinic is often used to describe a specialist service for women and their families in a subsequent pregnancy following a stillbirth, neonatal death or late miscarriage.

### Why is a Rainbow clinic needed?

At University Hospitals Birmingham, we recognise the significant impact the loss of a baby can have on your physical, emotional and psychological health.

Many women who have a pregnancy loss are pregnant again within a year and often face navigating the journey of a new pregnancy challenging. This is often a time of mixed emotions of hope and anxiety. We want to work with you to help support you through this time and provide you with the best care possible.

### Who is the Rainbow Team?

The team caring for you has a specialist midwife, a consultant obstetrician and a specialist sonographer with the aim to facilitate continuity of care where possible. Alongside this, we work closely with other members of the multidisciplinary team and specialist support services on an individual basis. Appointments with other members of the team will be arranged by us if needed.

### When will I be seen?

In the beginning, we see you around 7-10 weeks for a reassurance scan, blood tests and commence any appropriate medication as needed.

We then offer a booking appointment with the specialist midwife around 12 weeks with follow up scans at 16 weeks, detailed anomaly scan at 18-20 weeks, 23-24 weeks and then at regular intervals until delivery.

You can continue to see your community midwife as normal. But in addition to this, you will have access to see the specialist Rainbow midwife for emotional support and reassurance. They will also work with you to make a birth plan.

### How can you get in touch with us?

- You, your community midwife or GP can email the team on [uhb-tr.rainbow@nhs.net](mailto:uhb-tr.rainbow@nhs.net) for any **non-urgent enquiries**; we aim to respond within 48-hours Monday to Friday
- All **urgent queries** should be made on the day to your GP or community midwife by phone, or calling the delivery suite (over 18 weeks in pregnancy) 0121 424 3514 or GAU (under 18 weeks in pregnancy) 0121 424 3505. You can also contact the maternity departments at

## Information for Patients

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Heartlands (01214243729) and Good Hope (01214249604).

- Rainbow Clinic Team Tel: 07795977091 Email: [uhb-tr.rainbow@nhs.net](mailto:uhb-tr.rainbow@nhs.net)
- Rainbow Midwife Support Team/Eden Tel: 0121 424 2088

Pallavi Karkhanis (Consultant Obstetrician), Clare Beesley (Rainbow MW), March 2021

### Our commitment to confidentiality

We keep personal and clinical information about you to ensure you receive appropriate care and treatment. Everyone working in the NHS has a legal duty to keep information about you confidential.

We will share information with other parts of the NHS to support your healthcare needs, and we will inform your GP of your progress unless you ask us not to. If we need to share information that identifies you with other organisations we will ask for your consent. You can help us by pointing out any information in your records which is wrong or needs updating.

### Additional Sources of Information:

Go online and view NHS Choices website for more information about a wide range of health topics <http://www.nhs.uk/Pages/HomePage.aspx>

### You may want to visit one of our Health Information Centres located in:

- Main Entrance at Birmingham Heartlands Hospital Tel: 0121 424 2280
  - Treatment Centre at Good Hope Hospital Tel: 0121 424 9946
  - Clinic Entrance Solihull Hospital Tel: 0121 424 5616
- or contact us by email: [healthinfo.centre@heartofengland.nhs.uk](mailto:healthinfo.centre@heartofengland.nhs.uk).

### Dear Patient

We welcome your views on what you thought of this patient information leaflet, also any suggestions on how you feel we can improve through our feedback link below:

- Patient Information Feedback email:  
[patientinformationleafletfeedback@heartofengland.nhs.uk](mailto:patientinformationleafletfeedback@heartofengland.nhs.uk)

If you wish to make any other comments this can be done through the links listed below:

- Patient Opinion: [www.patientopinion.org.uk](http://www.patientopinion.org.uk)
- I want great care: [www.iwantgreatcare.org](http://www.iwantgreatcare.org) (Here you can leave feedback about your doctor)

Be helpful and respectful: think about what people might want to know about our patient information and this hospital and how your experiences might benefit others. Remember your words must be polite and respectful, and you cannot name individuals on the sites.

**If you have any questions you may want to ask about your condition or your treatment or if there is anything you do not understand and you wish to know more about please write them down and your doctor will be more than happy to try and answer them for you.**