



# **Building healthier lives**

**UHB** is a no smoking Trust

# Fine Needle Aspiration Procedure (FNA)

You have had an FNA (fine needle aspiration) procedure. Although it is hoped we answered any immediate questions, you may like some written information to read.

### The benefits

FNA is carried out to help the clinical team with their diagnosis.

#### The risks

Possible risks and complications include:

- Bruising
- Lump feeling bigger
- Bleeding from the puncture site
- Infection

# The procedure

Cells are removed from the breast or armpit area using a needle and syringe then transferred to a slide. These are sent to the laboratory and examined carefully under a microscope. A report is sent back to the clinician who performed the test. An FNA could be described as having an injection in reverse.

Results are usually available within three weeks, as the results are discussed by the multi-disciplinary team first. You may be given an appointment to return for these results. Sometimes you will receive a letter explaining the results and any further tests which may be needed.

If you have come to the clinic with a lump in your breast it may feel bigger after this particular test. This may last a week or two and is due to bruising internally. Some people may have some visible bruising on the skin and mild discomfort for a few days.

If you are uncomfortable a mild pain killer will help.

## If you are at all concerned please contact:

Clinical Nurse Specialists – Breast Care

Queen Elizabeth Hospital team: 0121 371 4499

Solihull Hospital team: 0121 424 5306

| Notes |      |      |
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| If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email <b>patientexperience@uhb.nhs.uk</b> . |
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| Breast Care<br>Queen Elizabeth Hospital Birmingham: <b>0121 371 4499</b><br>Solihull Hospital: <b>0121 424 5306</b>  |
| DI32/0373/0F Author: Broost Care Clinical Nurse Considirate  |