



Solihull Community Stroke Team

Building healthier lives

UHB is a no smoking Trust

Our service

Solihull Community Stroke Team is a multidisciplinary team that consists of therapists of different specialities that will work with you to meet your rehabilitation goals. We will continue to work with you whilst you are showing progress towards your goals. We can provide therapy in your home as well as providing opportunities to work in our outpatient gym using specialist equipment.

Meet the team

Occupational Therapy

Occupational Therapy will help you identify any areas of difficulty with activities and will provide you with techniques/strategies and/ or adaptations all whilst promoting independence to help you regain function with the goal for you to return to engaging in activities of daily living and meaningful activities.

Speech and Language Therapy

A Speech and Language Therapist can provide assessment and therapy for people who are experiencing communication or swallowing difficulties after a stroke. They may provide therapy programmes, educate and support patients and their families, and provide compensatory strategies to improve communication function. They can also provide recommendations to help manage swallowing difficulties.

Physiotherapy

Physiotherapy will assess your physical capabilities to identify your specific needs and goals. We will then work with you through a personalised rehabilitation plan with the aim to recover movement and function to restore as much independence and mobility as possible.

Therapy Support Worker

Therapy Support Worker works closely with Physiotherapy, Occupational Therapy and Speech and Language Therapy to provide therapy tailored to help meeting your specific goals.

Social Worker

The Social Worker role includes supporting Solihull Metropolitan Borough Council residents who have had a stroke in completing a Care Act assessment to establish their care and support needs, developing a long/short-term support plan, assessing mental capacity, managing case, safeguarding, carers assessment, supporting with care concerns, and signposting to other relevant services.

Useful contacts

Solihull Community Stroke Team

0121 424 4128

Stroke Association

Support helpline: 0303 3033 100

Supporter relations: 0300 3300 740

Mind (mental health)

Support line: 0300 102 1234

Info line: 0300 123 3393

Age UK

0800 055 6112

RNIB Eye Care

0303 123 9999

Different Strokes

0345 130 7172

Carers Trust

01217881143

centre@solihullcarers.org

Citizens Advice:

08082787976

How did we do? 😊 😐 😞

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services. **Thank you.**

www.uhb.nhs.uk/fft



Accessibility

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Therapies

Queen Elizabeth Hospital Birmingham
Mindelsohn Way, Edgbaston
Birmingham, B15 2GW
Telephone: 0121 371 2000