



## Double Balloon Enteroscopy with Sedation Discharge Advice

Following your Enteroscopy you may feel a little light headed, but this should pass once you have rested and had a drink.

**As you have received a sedative injection to help you tolerate the procedure, it is most important that you follow the instructions given in this leaflet.**

- ☐ Rest quietly for the remainder of the day, with someone to look after you for 4 hours as you may still be affected by the sedative drugs.
- ☐ It is advisable to have the following day off work, but in any event for the next 24 hours following sedation DO NOT:
  - Drive a car
  - Drink alcohol
  - Take sleeping tablets
  - Operate machinery or electrical items
  - Sign any legally binding documents
  - Work at heights (including climbing ladders or onto chairs)
- ☐ Because the sedation may affect your memory you are unlikely to remember what has been said to you. In view of this, the findings will be forwarded to your GP or to the doctor who referred you for the test.
- ☐ Some patients may pass a small amount of blood following this investigation, especially when you first open your bowels. However, if this becomes excessive, persistent or accompanied by pain, please call the unit on the numbers below for advice.
- ☐ In order to visualise the bowel properly and make a thorough investigation, it was necessary to inflate it with air. This may give you some wind type pain. If this discomfort does not settle in the next few hours, becomes more severe or is accompanied by bleeding, please contact the unit on the numbers below for advice.
- ☐ It is advisable to take only a light diet for 24 hours after the investigation as the effects of the laxatives that you took for test may still cause you to have loose motions. You may gently introduce a normal diet over the following 48 hours.

## Information for Patients

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### To contact us by telephone:

If you have any problems or questions please use the numbers below to contact us:

### Heartlands Endoscopy Unit

Monday to Friday 8:30am to 5.30pm - Excluding Bank holidays

Nursing/Medical enquiries **0121 424 0438**

Booking enquiries **0121 424 0430**

### Good Hope Hospital - Scoping Suite Treatment Centre

Monday to Friday 8:30am to 5.30pm - Excluding Bank holidays

Medical Enquiries **0121 424 9506**

### Queen Elizabeth Hospital Endoscopy Unit

Monday to Friday 8.30 am to 5.30 pm – Excluding Bank holiday **0121 371 3833**

For non urgent messages an out of hour's answerphone is available. If you leave a message and your contact details, a member of staff will contact you when the department re-opens.

If your call is out of these hours and you require urgent medical advice, please contact the main hospital switchboard on 0121 424 2000 and ask for the On Call Endoscopy Nurse to contact you. You will need to leave your telephone number and brief information about why you are calling and he/she will call you back.

### Please note:

As with any test, the results given to you today cannot be guaranteed to be totally accurate, although the endoscopist performing the test has taken great care in reporting what he or she has seen. Any specimens that were taken will need to be reported on by the laboratory, which takes 4 – 6 weeks.

If you have had biopsies (samples) taken, the results will be sent to your GP/Referring consultant and a letter will be sent to you directly. If you have not received your biopsy results within 8 weeks, please call the department that you had your test carried out who can look into this for you.

### PATIENT SATISFACTION SURVEY

**Your Feedback is important to us. Please use the QR code below to complete our patient feedback survey, and let us know how we can improve our services for you.**



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If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email [interpreting.service@uhb.nhs.uk](mailto:interpreting.service@uhb.nhs.uk).