

Intermediate Pre-term Prevention Clinic (PPC)

What is this appointment?

This is a specialist clinic set up specifically to give individualised care to women at risk of pre-term/premature labour.

You may have been referred for this appointment by your booking consultant because of:

- Previous cervical surgery
- Previous caesarean section at full dilatation.
- Previous pre-term delivery not requiring treatment from PPC in subsequent pregnancies

You will be asked to empty your bladder when called from the waiting room and an internal scan will be performed. This scan is performed to assess the length of your cervix. This scan will not harm the pregnancy and should not be painful.

The clinic is run by specialist midwife sonographers.

How often will I have to attend this clinic?

Depending on the outcome of the scan you may only have to come to this clinic once. You can then be discharged back to your original booking consultant.

If the midwife sonographer has any concerns, they will discuss the findings with you and a specialist consultant, and you may need to be seen in the high-risk pre-term prevention clinic.

If the findings of the scan suggest further monitoring is required, you will be offered additional appointments with the pre-term clinic until you are 24-26 weeks pregnant, when you will be discharged back to your booking consultant.

Further detailed information will be provided if you are required to attend the consultant-led preterm prevention clinic.

Accessibility

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