



Intermediate PPC

What is this appointment?

This is a specialist clinic set up specifically to give individualised care to women at risk of preterm labour.

You may have been referred for this appointment by your booking consultant because of:

- Previous cervical surgery
- Previous caesarean section at full dilatation.
- An abnormal shaped uterus

This clinic is run by specialist midwife sonographers. You will be asked to empty your bladder when called from the waiting room and an internal scan will be performed. This scan is performed to assess the length of your cervix. This scan will not harm the pregnancy and should not be painful.

How often will I have to attend this clinic?

Depending on the outcome of the scan you may only have to come to this clinic once. You can then be discharged back to your original booking consultant.

If the midwife sonographer has any concerns, she will discuss the findings with yourself and a specialist consultant and you may need to be seen in the high risk pre-term prevention clinic.

The PPC clinic is a consultant led clinic with specialist midwives.

If the findings of the scan suggest further monitoring is required, you will be offered additional appointments with the preterm clinic until you are 24-26 weeks pregnant, when you will be discharged back to your booking consultant.

At these appointments, you will be asked to complete a low vaginal swab and provide a urine sample. This is to check for any infections which can then be treated.

Further detailed information will be provided if you are required to attend the preterm prevention clinic.

Dear Patient

We welcome your views on what you thought of this patient information leaflet, also any suggestions on how you feel we can improve through our feedback link below:

If you wish to make any other comments this can be done through the links listed below:

Patient opinion: www.patientopinion.org.uk

I want great care: www.iwantgreatcare.org (You can leave feedback about your doctor)

Information for Patients

Remember be helpful and respectful you cannot name individuals on this site. Think about what people might want to know about our patient information and this hospital and how your experiences may benefit others.

If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email patientexperience@uhb.nhs.uk.